

## WOMEN AND CAREER



A woman's freedom to choose among alternative life styles is an important predictor of happiness in a relationship. To buttress our last week's publication on emotional abuse in relationships, research has proven that women who are financially dependent are more prone to both physical and emotional abuse in the hands of their partners than women who are empowered (though not totally excepted).

Besides needing or just wanting financial independence and a voice, the desire to raise one's standard of living has led women to take up jobs. These jobs can sometimes be work from home or office work which either way makes little or no difference. While some women are forced to participate in the labor market out of economic necessity, some work because they have special abilities and trainings; as doctors, journalists, secretaries, or special skills in other industries and the need for career advancement.

There is no doubt that there are women who work because they like to compete with men on a level ground, but majority work for self-reliance and fulfilment.

Women are not only burdened with financial support to spouses in family upkeep, house chores and children upbringing most times are traditionally the responsibility of women. Chimamanda Adichie once said, "Culture does not make people. People make culture. If it is true that the full humanity of women is not

our culture, then we can and must make it our culture.” Remember, women are humans too, and should never be overlabored due to some bias traditions.

The ability to succeed as a working wife and ensure a happy home is being able to recognize where to draw the lines. With support from spouse in running the family, the world will be a better place.