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# 2019 BROCHURE



**CENTRE FOR  
FAMILY HEALTH  
INITIATIVE  
(CFHI)**

[www.cfhinitiative.org](http://www.cfhinitiative.org)



## OUR VISION

Healthy families, healthy societies.

## GOALS

- A. Community Health Improvement.
- B. Sustainable Social And Economic Empowerment.
- C. Evidence Based Policy Development

## OUR MISSION

To develop a safe and accommodating society for all, through community driven and family centered health interventions, socio-economic empowerment, and research-based policy development

## ABOUT US

Centre for Family Health Initiative (CFHI) is a non-political, non-religious, not-for-profit organization, committed to the promotion of health and protection of the well-being of families in Africa. It was registered with the Corporate Affairs Commission on January 26, 2012 with registration Number: CAC/IT/No. 49787.

CFHI utilizes locally identified strategies, partners with relevant groups and community stakeholders to deliver projects which seeks to improve the health, social and economic outcomes of individuals everywhere, especially the most marginalized and vulnerable people.



# MEET US

A group of people who have ample work experience and expertise in the health, management, educational, finance and social development sectors of Nigeria govern CFHI. This group of people make up the organization's Board of Trustees (BoT). These Trustees are either representatives of communities primarily served by CFHI or experts in community affairs, local government, education, medicine, finance and banking, legal affairs, business and social services. They are also responsible for overseeing and controlling the organization's management.

CFHI is managed by independent, non-partisan persons who are skilled and experienced professionals with the capacity and competence to engage in the organization's activities that promotes its goals and objectives. The Chief Executive Officer, who is appointed by its Board of Trustees (BoT), oversees the organization's management.

Princess Osita-Oleribe (Chief Executive Officer, CFHI) holds a Master of Science degree in International Health Policy and Management and an MBA in Non-Profit Management from Brandeis University, USA. Her postgraduate diploma in Gender Studies from University of Abuja, Nigeria is in view. Prior to these, she graduated from University of Port Harcourt, Nigeria with Bachelor of Science in Biochemistry. She is a certified practitioner in project management (PRINCE 2), a Member of the Nigerian Institute of Management and a Fellow of the Institute of Management Consultants.

CFHI's daily operations are managed within four departments, which are headed by Directors. These departments are the Finance and Fundraising, Administrative and Human Resources, Programs and Strategic Information Management. Each department consists of smaller units, and the Associate Directors supervise the operations of these units. Other personnel functioning in these units include the Program Managers, Program Officers and Program Associates respectively. The organization also offers individuals with a 6-12 month internship opportunity, in order to provide them with relevant skills to function effectively in the health and social development sector. CFHI encourages volunteerism; therefore, it regularly accepts volunteers and the number of volunteers accepted depends on the need per project. CFHI's volunteers are usually engaged in the provision of health care and other support services within communities of residence.



# WHAT WE DO



## EDUCATIONAL INTERVENTIONS

Centre for Family Health Initiative plays a significant role in assisting rural communities to ensure all children and young adults across the areas of CFHI's operations regardless of their financial status or gender can pursue a quality education that enables them to reach their full potential and contribute to their families, communities, and the world.

CFHI works to reduce the alarming number of out-of-school children in Nigeria by addressing the socio-economic barriers to school enrolment by the care-givers. Children who have never been to school are enrolled into appropriate classes while paying all their fees through secondary classes and partnering with the guardians in some cases. CFHI also enrolls out of school children back in schools, pay their fees, provide scholastic materials, and academic monitoring/counselling, paying more attention to the girl child. Other social issues that may prevent children's enrolment and retention in schools are also addressed with Household Economic Strengthening done when needed.

## FAMILY/COMMUNITY HEALTH EDUCATION AND ADVOCACY

The central focus for all CFHI interventions and activities is the Family. Every project initiated and implemented by CFHI aims to establish and strengthen systems that steer the provision of family-based health care and socio-economic services in Nigeria; while ensuring that these services are especially delivered to vulnerable and neglected population in efficient quantity and quality.



## CAPACITY DEVELOPMENT

At CFHI, we build capacity for health and social development across all levels – Individual level, societal level, and institutional level in order to achieve goals and sustainability over time. CFHI also builds capacities of key frontline workers and community volunteers across several states in Nigeria through workshops, conferences, symposiums, staff retreats, providing adequate knowledge and information to staff so as to perform at optimum level with the hope to continue promoting families' socio-economic strength and critical mass health interventions to drive developmental projects in Nigeria.







## SOCIAL AND ECONOMIC EMPOWERMENT

CFHI recognizes that a sustainable society is only possible when its inhabitants are wholly developed, and as such it undertakes projects that address the social and economic limitations being faced by vulnerable groups. It has provided numerous vocational skills and basic financial training to indigent women and youths, with some of the participants receiving small grants to establish sustainable businesses, linked others to financial institutions, and made immediate cash transfers to very vulnerable households, so as to enhance their earning power and improve their household economy.

CFHI is also committed to providing vocational education to adolescents and young adults in different parts of Nigeria and continues to train and empower them.



## RESEARCH AND POLICY DEVELOPMENT

CFHI generates knowledge relevant to the prevalent situation in communities, to allow it to determine its particular health problems, appraise the measures available for dealing with them, and choose the actions likely to produce the greatest improvement in health. Ensuring that the available resources to finance these health challenges are used in the most efficient and effective way possible.



# CFHI PROJECTS



## Household Economic Strengthening (HES) For Caregivers

CFHI through PEPFAR funded ACHIEVE OVC Program of IHVN, carried out interventions to reduce the economic vulnerability of families and empower them to provide for the essential needs of the children they care for, thus facilitating their financial independence. Other organizations like EFMC, CCFN, US Consulate Generals office also funded Care and Support Services for OVC and their Households, and Household Economic Strengthening for vulnerable care givers in Imo State, Nasarawa State and FCT, with 3,840 beneficiaries so far.



## Micro-Credit Social Enterprise Program (MICSEP)

In efforts to achieve the organization's strategic goal of providing sustainable social and economic empowerments to communities, CFHI established an annual socio-economic empowerment project of Global Philanthropy Alliance (GPA), designed to increase the earning power of vulnerable care-givers through vocational skills trainings and the provision of start-up grants implemented in several communities within the Abuja Municipal and Bwari Area Councils of the Federal Capital Territory.

## Women And Youth Empowerment (WYNE) Project

CFHI has through the US Consulate General Small Grant Programme, reduced discriminatory practices and poverty levels of women and Youth in Ngor Okpala community of Imo State.

Ten community dialogues (forums) were organized to reach community members with Operation-Know-Your-Right Campaign on Female Genital Mutilation (FGM), Child marriage, Violence against women, Land disinheritance, Gender (Son) preference, Incest, rape and harmful widowhood practices thereby empowering 735 women and 28 youths with knowledge of their rights. At the end of each community forum, resolutions on these harmful practices were reached leading to the development of a community charter that was signed by the paramount traditional ruler of the town and representatives of the villages that make up the town.



## HIV/AIDS Interventions

Centre for Family Health Initiative was a project-implementing partner on Community HIV testing and Counselling (HTC), Anti-retroviral Therapy (ART) patients tracking and follow up, and provision of Care and Support services in FCT, Nasarawa and Imo State. Projects funded by Excellence and Friends Management Care Centre (EFMC), FCT Action Committee for HIV/AIDS, Catholic Caritas Foundation of Nigeria (CCFN), and Institute of Human Virology, Nigeria. These projects were carried out in communities, General Hospitals and several Primary Health Centers (PHC), with about a million beneficiaries.



## Educational Support

Over the years, CFHI has contributed immensely to the quality of education of the community it serves. CFHI has enrolled over 4,000 individuals especially girls in its scholarship scheme since inception, some of whom have successfully completed their universal basic education and moved on to tertiary institutions. It has also provided other educational intervention for over 5,000 vulnerable children in hard to reach communities in partnership with parents/guardians, community, partners and donors.

In line with United Nations declaration of the Day of the African Child (DAC) every year in commemoration of the Soweto uprising that claimed the lives of young people seeking equal rights to education, CFHI has continued to use the day to encourage the holistic education of the African child especially the girl child. Each year, CFHI convenes above, 500 children from schools and stakeholders in the education sector at the event, where there are quiz and debate competition, keynote presentations from experts, drama, poetry, and art exhibition. CFHI enjoys the support of several partners in the organization of the DAC including FCT State Universal Basic Education Board (SUBEB).

In addition, CFHI Resource Centre is an initiative of CFHI Board of Trustees with the aim of ensuring children and young adults regardless of social barriers can keep pace with their peers in other parts of the world by interacting with computers, surfing the web, accessing electronic books, journals, and other learning materials. The Centre is located within the premises of CFHI headquarters in Abuja and is highly utilized by underprivileged children and young adults particularly during the holiday periods.



## Viral Hepatitis Intervention

Nigeria bears one of the highest burdens of Viral Hepatitis (VH) globally with increasing prevalence in keeping with global trends. Low level of awareness, poor

knowledge of status and lack of access to testing facilities are some important factors that promote this situation. As part of its work to improve community health in Nigeria, CFHI joined the global VH elimination efforts during the 2018 World Hepatitis Day (WHD) to '*find the missing millions*'. CFHI tested over one hundred and fifty (150) people for Hepatitis B and C while it also educated over two hundred (200) persons on viral hepatitis in Obi, Nasarawa State—a community reported to have high prevalence of Hepatitis B and C infections. CFHI is a member of the World Hepatitis Alliance Network and a key player in the emerging civil society structure on hepatitis in Nigeria.

## HIV/AIDS Prevention And Empowerment Project For Young People And Positive Mothers (HAPPY!) Project

CFHI has through the Positive Action for Children Fund (PACF) funded **HAPPY!** Project done extensive work on: breaking the silence around HIV/STI; addressing key barriers to accessing HIV/PMTCT prevention services; increase demand for HIV Testing & Counselling and male involvement in Ante-Natal Care. These were achieved by working with and deploying existing community structures, employing high impact community sensitization/educational activities and establishment of important partnership with over ten (10) government/non-government organizations. Through these education and behaviour-change intended activities, we have actively reached over 8000 individuals across Obi Local Government, training about 20 adolescents as 'HIV Prevention Champions' (Peer educators) in the process. Overall, the project has successfully achieved its targets and has taken advantage of unexpected opportunities to further realize its tripartite objectives.







### **Technical And Managerial Capacity Building Trainings For 204 Expanded Program On Immunization (EPI) Managers In Kano State.**

CFHI trained over 200 EPI State Managers on each of the module covered by Clinton Health Access Initiative (CHAI) contract. 209 EPI State Managers were trained on Enhancing Supportive Supervision (Module 1) in five clusters, 201 EPI State Managers were trained on Effective Project Communication and Reporting (Module 2) in eight clusters, and 203 EPI State Managers were trained on Project Management (Module 3) in eight clusters across the various zones of the state. The participants of this training included Local Government Immunization Officers (LIOs), Zonal LIOs, Cold Chain Officers (CCOs), Supportive Supervision Officers (SSPOs) and Community Health Educators.

### **Community Activation/demand Creation For Zinc/LO-ORS As Choice Treatment For Diarrhea Case Management For Under -5 Children**

From 2015 – 2017, CFHI in collaboration with Clinton Health Access Initiative conducted a state wide community activation project to reach caregivers of under-five with the message of the use of Lo-ORS and Zinc in childhood diarrhea case management in Kaduna State. The project was the demand creation (Community) component of a comprehensive program which targeted the supply, demand and regulator component of the value chain. The project had both state actors (State Ministry of Health, State Primary Health Care Development Agency, Health care workers), and non-state actors (Female vanguard groups, Christian groups, Islamiyah schools, Community, traditional and religious leaders, Traditional birth attendants).

The project which held 560 community health forums and reached over 35,000 caregivers directly, across the 23 LGAs of Kaduna state was widely reckoned as successful in approach and reach.

### **Vaccine Accountability Training For HCWS And EPI Managers In Nasarawa State**

Immunization is among the very important public health interventions for preventing and reducing global child morbidity and mortality. In healthcare reporting, data quality and consistency are critical to ensuring patient safety and communicating health service delivery.

CFHI through Clinton Health Access Initiative (CHAI) project, implemented Vaccine Accountability Training for Health Workers and EPI Managers in Nasarawa State with the aim of building the capacity of Healthcare Workers (HCWs) and Expand Program Immunization (EPI) managers in documentation, management and review of stock and immunization data towards an improved vaccine accountability system.

The training which occurred in 2 phases, developed the capacity of 362 HCWs and 42 EPI State Managers on Vaccine Accountability to bridge the capacity gap in HCWs and EPI managers which have led to poor immunization data review system and accountability performances.





## Quantitative And Qualitative Data Collection For Male Contraceptive Perception Assessment

CFHI was contracted by EPIAFRIC to provide support in a national research study of the perception of males towards the introduction of new male contraceptive technologies. CFHI served as the Abuja State Partner. CFHI identified and recruited in each enumerators per area council of FCT, deploying the enumerators for quantitative data collection, ensuring security and confidentiality of all survey resources, providing supervision for the quantitative data collection and ensuring data quality. CFHI was also responsible for recruiting survey participants for qualitative data collection. CFHI recruited senior government officials, healthcare workers, religious leaders, traditional leaders to participate in in-depth interview. CFHI also recruited male groups to participate in focus group discussions across the area councils in the FCT. A total of 480 persons were interviewed and 6 In-depth Interview/Focus Group Discussions were conducted.

## ACHIEVE Orphans And Vulnerable Children Project

ACHIEVE OVC is a PEPFAR funded project of Institute of Human Virology (IHVN). CFHI has recorded over 10,000 beneficiaries within the first year of the five year project.

The ACHIEVE OVC (*Achieving Control of HIV/AIDS Epidemic through Evidence*) Care & Support project provides care and support to assess, enroll and provide interventions to vulnerable children and households infected and/or affected by HIV & AIDS under the age of Eighteen (18) and their households in AMAC through advocacy and sensitization on reduction of stigma and discrimination towards vulnerable children and their households within communities, provide educational services, economic resources and opportunities, health education interventions, establish child protection committees and networks at local government levels, develop a referral linkage system to other beneficial services.



## NSIP Project

CFHI works as an independent monitor on the National Social Investment Programme (N-SIP). An initiative of the Federal Government of Nigeria to reduce poverty and unemployment among vulnerable and economically excluded groups of Nigeria. The programme implementation phase commenced in 2016 with the launch of 4 programmatic areas; Home Grown School Feeding Program (HGSFP), Government Enterprise and Empowerment Programme (GEEP), Job Creation Programme (JCP) and Conditional Cash Transfer (CCT). CFHI is responsible for the coordination of the third party monitoring in Nasarawa and participated in the 3rd party mentioning in Enugu state of Nigeria. The tasks include: identifying beneficiaries of the programs within the state and LGAs; conducting independent verification of the State/LGAs program progress report through beneficiaries' interviews and focus group discussions; development and submission of monitoring report to the national coordinator of the Third Party Monitoring (TPM).



## NLMIS/AMS End-line Assessment In Niger, Rivers And Lagos States

CFHI with Clinton Health Access Initiative (CHAI) conducted an end line assessment on the usage of the NLMIS and AMS tools in 3 project states. The aim of the assessment was to evaluate the impact and effectiveness of NLMIS and Asset Management (AMS) tools in terms of the various LGA Cold Chain Officers (LCCOs) and State Cold Chain Officers (SCCOs) understanding of the operationalization of the tools, the frequency of its utilization, the use of the tools in data response and targeted decision making processes at the state and LGA levels, and the effectiveness of the tools in performing stock management and inventory management functions.



## Menstrual Health/hygiene Management And Good Sanitation

For many girls in Nigeria, school is interrupted because of menstruation. This is due to lack of sanitary pads, lack of proper orientation, toilets as well as the stigma and shame surrounding menstrual hygiene. This brought to birth CFHI's interest in making reusable pads available free-of-charge to schoolgirls who cannot afford them, and are missing school each month as a result. CFHI has distributed over 700 reusable pads and sensitized over 3,000 adolescent girls in 8 schools across 5 states in Nigeria.

In addition, CFHI commemorates World Toilet Day in different schools across Nigeria, providing education on health hazards of open defecation, hand washing education and demonstration, and Provision of Hand washing tools. CFHI through block grants intervention, provides decent toilet facilities to schools in rural communities in order to promote Strategic Development Goal 6.



## Maternal, Newborn And Child Health

Centre for Family Health Initiative (CFHI) was contracted by Clinton Health Access Initiative (CHAI) to deliver on a community activation project in 10 Local Government Areas, in Kaduna State, with the aim of increasing awareness for Family Planning (FP) and Post-Partum Family Planning (PPFP) services and create linkages between the community and health facilities where these services are available in Kaduna State.

CFHI reached a total of 921 (Traditional Birth Attendant) TBAs (102%), 513 Traditional and Religious Leaders (101%), 285 Islamiyah School Teachers (114%) and 594 Community Women Organizations (CWO) and Zumuntar Mata members (119%). Also, a total of 217 (99.5%) TBA-led community sensitization and 150 (100%) Islamiyah school cascading were held in the 109 wards of the target Local Government Areas. CFHI, during MNCH - (Maternal, Newborn and Child Health) week, provides free HIV screening, deworming drugs, immunization, family planning services, Vitamin A supplementation, growth and development monitoring, malnutrition screening and referrals, food demonstration, distribution of routine pregnancy drugs, and more to mothers and children annually.



## Breast Cancer Awareness And Self Examination Campaign

Breast cancer is a global disease and no way limited to a particular region as it has been described as the most common cancer in women worldwide. It is a global disease of significant burden and its incidence continues to rise when awareness is not carried out to educate women of the role they need to play to make sure that the rapid rise of this menace is curtailed. However, CFHI joins the rest of the world to commemorate Breast Cancer Awareness month every year, giving the theoretical and practical training on breast cancer and self-breast examination.





## Psychosocial Support For Children

CFHI seeks to improve the protection of vulnerable populations in Nigeria through the provision of psycho-social support services and referral mechanism for children across the areas of CFHI's operations. Kiddies clubs, adolescents and youth club activities and end of the year party are platforms organized by CFHI to explore the role of families and family policies in advancing Sustainable Development Goal 16 in terms of promoting peaceful and inclusive societies for sustainable development.



End of the year party at CFHI is one of the most exciting periods for most of the beneficiaries. It is organized towards every year end to provide psycho-social support for both in and out of school children. Here, children have so much fun through games, different competitions, talents display and with so much gifts to go home with.

The International Day for Families (IDF) is also commemorated annually to unite families through organizing a family event where CFHI works with other partners to provide counseling services, free health services, games, competitions, and organize breakout sessions for children, adolescents, and couples

## Universal Health Coverage

One of the underlying principles of the Sustainable Development Goal (SDG) is "Leave no one behind". A call to action, to focus more resources on the socially excluded and marginalized population. CFHI works to promote the "leave no one behind" agenda through Community Based Health Insurance Scheme, prison interventions, research and commemoration of the UHC day.

CFHI conducted a rapid community assessment in southern Nigeria to ascertain the risk, knowledge, behavior and perception of individuals towards participating in Health Insurance Schemes.

Over 180 individuals were administered with questionnaires and interviewed.

CFHI also through community enlightenment sessions sought to improve the knowledge of the community on the need and importance of Community Health Insurance Scheme. In addition, various options are explored towards health financing for vulnerable members of the community using advocacy to influential individuals and groups.



In January 2019, CFHI received the commitment of stakeholders to provide health insurance cover (premium) for 30 individuals in a Community-Based Health Insurance Scheme (CBHIS) with room for expansion. Plans are being finalized to enrol more beneficiaries.

To commemorate the UHC day December 12<sup>th</sup>, CFHI sensitizes communities on access to quality health services and participation in health financing schemes like health insurance. CFHI also donates birth kits on this day to expectant mothers in primary health centers of rural communities.

CFHI is at the early stages of working currently with the Nigeria Prisons Service (NPS) authority (a government agency) in a bid to strengthen the health system within the prisons in Nigeria. In partnership with other stakeholders, CFHI is seeking to build and deploy an automated Health Information System (HIS) to over 700 prison location in Nigeria. The automated HIS will ensure that the medical records and history of the prison population is captured, uploaded and readily available for informed decision making pertaining to health programs and services within the prisons spread across Nigeria.



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