

CFHI ANNUAL REPORT 2022



CENTRE FOR FAMILY HEALTH INITIATIVE (CFHI)

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Our Appeal



Executive Summary



Dear friends and partners, Centre for Family Health Initiative (CFHI) is proud to collaborate with esteemed partners and funders in improving the wellbeing of families, which is the most viable method for creating a sustainable global society. In 2021, CFHI through its project activities and community interventions continue to establish and strengthen systems, steering the provision of family -based health care and socio -economic services in Nigeria, while ensuring that these services are

delivered to vulnerable and neglected populations.

A UNESCO report confirm that one in Ten girls in Sub -Saharan Africa misses School during their Menstrual circle. In Nigeria over 37 million women and girls of reproductive age, lack ac cess to menstrual hygiene products due to a lack of funds as of 2021.

Do read Menstrual Health and Hygiene Day report in this publication for more insight on how you can be a part of the solution. Also, CFHI's projects reports and 2022 interventions are f eatured in this publication.

On behalf of the team, thank you again for all your support. Do have a pleasant reading!

Sincerely,

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Princess Osita -Oleribe

Co-Founder, CFHI.





About CFHI

Committed Centre for Family Health Initiative (CFHI) is a non -political, non -religious, not -for-profit organization, to the promotion of health and protection of the well -being of families in Africa (CAC/IT/No. 49787). Driven by a vision of Healthy Families; Healthy Societies, CFHI's mission is to develop a safe and accommodating society for all, through community driven and family cent er health interventions, socio -economic empowerment, evidence -based research and policy development.

Vision

CFHI has a Spe cial Consultative Status with United Nations (UN) Economic and Social Council

(ECOSOC) and is registered with relevant ministries, departments, and agencies of the Government of Nigeria.

Mission

To develop a safe and accommodating society for a, through community driven and family centered health interventions, socio-economic empowerment, evidencebased research and policy development.

Healthy Families, Healthy Societies

Community Health Improvements

Sustainable

Socio and

Economic

Empowerment

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Centre for Family Health Initiative has a long history of active involvement in the promotion of human well-being, especially in hardto-reach communities across Nigeria. It provides material and financial support, awareness creation, health care workers 'training and health advocacy, infectious disease prevention and control, educational and skill acquisition services, and many more. CFHI believes that improving the wellbeing of vulnerable and neglected population in efficient quantity and quality is the most viable method for creating a sustainable global society.

Every project initiated and implemented by CFHI aims to establish and strengthen systems that steer the provision of socio-economic services in Nigeria. It recognizes that a sustainable society is only possible when its inhabitants are wholly developed, and as such it undertakes projects that address the social and economic limitations being faced by vulnerable groups. CFHI provides GBV (Gender Based Violence) advocacy and intervention, as well as numerous vocational skills and basic financial training to indigent women and youths, with some of the participants receiving small grants to establish sustainable businesses, linked others to financial institutions, and made immediate cash transfers to very vulnerable households, to enhance their earning power and improve their household economy.

CFHI is committed to providing vocational education to adolescents and young adults in different parts of Nigeria and plays a significant role in assisting indigent rural communities to ensure all children and young adults across the areas of CFHI's operations regardless of gender can pursue a quality education that enables them to reach their full potential and contribute to their families, communities, and the world.

Evidence based Policy Development

CFHI through conferences with policy makers and social media advocacy, influences change in National and international policy, by proffering solutions based on our experiences and research in different communities and in strategic areas. Aside contributing to the knowledge base and debate around critical issues on the interlinkages among societal growth, poverty, inequality, and globalization, CFHI generates knowledge relevant to the prevalent situation in communities, to allow it to determine its health problems, appraise the measures available for dealing with them, and choose the actions likely to produce the greatest improvement in health. Ensuring that the available resources to finance these health challenges are used in the most efficient and effective way possible.



2022 Interventions

01

CBO'S Action in the Elimination of Violence Against Women and Girls.

To commemorate the International Day for the Elimination of Violence Against Women and Girls, CFHI organized an event 'CBO'S Action in the Elimination of Violence Against Women and Girls' online via teams. The event had nine (9) panelists each from the nin e (9) CBO's that participated in the event and 66 participants. CFHI Executive Director, Krystal Anyanwu anchored the event and she spoke on the efforts made so far by CFHI in elimination of VAWG.

The event was a success as panelists discussed progress ma de so far and what could be done to eliminate violence against women and girls. Betty Abah one of the panelists stated that Pattern noticed in violence against women and girls is the continuous abuse o f domestic help. Edo Ekata from Ministry of Women Affai rs opined that Collaboration and synergy among public and private partners with government is important to curb GBV. Also, Barr. Mrs. Obiageli Oraka from African Resonance Initiative stated that Boys and Men should be integrated in the fight to eliminate V AWG in Nigeria.







National Home-grown School Feeding Programe (NHGSFP)

National Home-Grown School Feeding Program (NHGSFP) is coordinated by the National Coordinator of the National Social Investment Program, under the supervision of the Honorable Minister of the Federal Ministry of Humanitarian Affairs, Disaster Management and Social Development (FMHADMSD), Hon. Dr. Rabiu Rabi. The project started at Owerri in the month of July and as the NHGSFP State lead, a step -down training was conducted for fifteen (15) CSO's on monitoring of NHGSFP.

The Honorable Minister, Dr. Rabiu Rabi in t he Step-down training emphasized on the need to ensure proper and accurate documentation of observations using the tools. She also drew the participants attention to the age long monitoring and evaluation mantra that says whatever is not documented is not done.

Gender-Based Violence Interventions

In 2022, 2 cases of rape were reported to CFHI. The first case which was reported by a non -profit was a story of a 9 -year-old girl who was allegedly raped by a family member in the house where she works as house maid and the second, the story of a 12-year-old girl who was raped by the step - brother was reported by a community volunteer. CFHI tried to intervene in both cases but couldn't do much because both cases were transferred to police command.



Cross Section of Participants with the Hon Min. of FMHADMSD



L-R the State M&E Officer for NHGSFP Hon. Dr. Rabi and a staff of CFHI





Action Control HIV/AIDS Epidemic through Evidence (ACHIEVE)

Centre for Family Health Initiative (CFHI) implements the OVC program with funding from PEPFAR through the IHVN ACHIEVE/ASPIRE Project in the Abuja Municipal Area Council (AMAC) of the FCT. CFHI had the mandate from IHVN to enroll and provide community -based interventions to 8,000 OVC and Caregivers for FY22 during the ACHIEVE Project and is presently mandated to enroll and provide community interventions to 8,300 OVC in the newly initiated Action to Sustain Precision and Integrated HIV Response Towards Epidemic Control (ASPIRE) project which started in the month of December after the closeout of ACHIEVE's Project in the month of September.

The Interventions include health care services and nutritional support, education and vocational training, psychosocial support, social and legal support, household economic strengthening, HTS for OVC and their households, provision of IEC material, Gender Norms implementati on, Better Parenting skills training for caregivers and older adolescents, adolescent girls and young women support, and to establish a DREAMS - like program for girls in the community.

To accomplish these tasks, CFHI continued collaboration with its ten a ssigned facilities. The facilities are; Maitama District Hospital (MDH), National Hospital Abuja (NHA), Medical Missionaries of Mary (MMM), Kabusa CHC, Lugbe PHC



HES Beneficiaries Receiving Cash



Cross section of beneficiaries supported to enroll and sit for BECE and WAEC/NECO



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Idu/Karmo PHC, Kagini PHC, Iddo pada PHC, ECWA Clinic Kabusa, and Faith Mediplex Karmo. The organization went further to collaborate with other non-IHVN supported sites for the identification and enrolment into community OVC programs of Children Living with HIV (CLHIV).

Nine hundred and twenty-six (926 - M=79, F=747) beneficiaries received community counseling, a total of twenty-five VC (25- M=12, F=13)) were provided with health emergency support for treatment of Opportunistic Infections (OIs) and hospitalization, 12 (12 - M=4, F=8) were provided with escort services, one hundred and nine (109- M=54, F=55) who could not go to the facility for lack of funds were provided with transportation logistics for drug pick up, thirty-two (32 - M=17, F=15) were provided with transportation logistics support for EAC/ART services, by IHVN, a total of two hundred and seventy (270) beneficiaries were tested using HIV Self-Test Kits through a home visit.

Nutritional assessment was conducted for one thousand nine hundred and five (1095 – M= 534, F=561) VC. SILC Group contributed the sum of N283,500 as savings funds and shared among members according to their various contributions.

A total of eighty (80 M=5, F=75) eligible beneficiaries across assigned communities who were previously assessed for various businesses were supported to start up a business of their own through the Households Economic Strengthening (HES) fund. A total of 40 (M= 17, F= 23) VC were supported to enroll and sit for their exams.

04

World AIDS Day

Centre for Family Health Initiative (CFHI) commemorated the World AIDS DAY 2022 at National hospital Abuja in partnership with National Hospital Abuja, Elizabeth Glaser Pediatrics Foundation and Institute of Human Virology of Nigeria (IHVN).

There was a walk round the different departments/Units of National Hospital to create awareness and sensitize patients on equal access to treatment and prevention of HIV/AIDS in line with the theme "Equalize".

Session for questions and answers was provided and some adolescents asked questions such as; why should a HIV+ child be expelled from school because of her status and why isn't HIV prophylaxis a kind of HIV treatment? The questions were all attended to.

The event had 40 adolescents present with heads of some departments in the hospital, staff from Elizabeth Glaser Pediatrics Foundation, CFHI and Institute of Human Virology of Nigeria (IHVN).



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04

Global Action Towards HIV Epidemic Control in Sub- National Units in Nigeria, (4GATES)

4GATES OVC project is funded by the Catholic Caritas Foundation of Nigeria (CCFN) to provide health, educational, psychological, and socioeconomic interventions to orphans and vulnerable children in Owerri, Imo State-Nigeria. In 2022, 1,530 caregivers and 282 OVCs were supported for blood sample collection, drug refill, and Enhanced Adherence Counselling (EAC) sessions.

supported to establish gardens across different local government areas; ensured

the viral load suppression of 242 HIV reactive persons through EAC and close monitoring; and provided with birth certificates to 507 OVCs.

As Part of the activities to promote personal and menstrual hygiene among adolescents who are in the OVC 4GATES Project, adolescents were reached through the adolescent forum meetings in the various clusters in Owerri West, Owerri North, Owerri Municipal and Mbaitoli LGAs, and a total of 160 female participants were provided sanitary towels.

Other interventions include school monitoring and performance assessment; establishment and facilitation of peer and social groups for psychosocial support, GBV prevention and response interventions; block grant interventions; establishment and facilitation of Village Savings, Loan Association (VSLA) across 2 local government areas in Owerri, and provision of skill acquisition training and startup kits to 15 beneficiaries. The team carried out 3,330 HIV testing and services, provided nutrition support to 18 malnourished children and 1 care give across the four (4) local government areas; conducted food demonstration sessions for caregivers across the 4 local government areas to address malnutrition of children and caregivers in the communities; administered deworming tablets to 2 children; 262 caregivers wer

A closeout meeting was held as the project was winding up at Owerri Municipal Council Secretariat, with all key stakeholders present. The stakeholders promised to ensure the sustenance of the interventions, especially the VSLA groups which has contributed as a pillar to most of the small businesses managed by the community members.



HRH. Eze Engr. Samuel O. Uugboaja Blessing the Kolanut at the 4GATES Project Closeout Meeting Presentation of Start up kits to Fy22 Vocational Skills training Beneficiaries



Presentation of Start up kits to Fy22 Vocational Skills training Beneficiaries

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05

World Hapatitis Day

The World Hepatitis Day 2022 celebration, was commemorated at Kagini primary Health care Center and the Chief's palace concurrently. The event had hundred (100) participants from the community aside Five (5) CFHI staff, a health worker at the Primary Health Care (PHC), Mrs. Akpan.

Ninety-five tested persons were negative and five were reactive. The activities carried out were majorly, sensitization, testing, referrals and counselling.



World AIDS Day Commemoration at Kagini the Chief Palace



At Primary Health Care Kagini Abuja

06 Polio Lab Sample Transport (PLST)

Polio Lab Sample Transport (PLST) is a project funded by Village Reach. CFHI in collaboration with Village Reach and National Primary Health Care Development Agency (NPHCDA) conducted training of trainers (TOT) for Disease Surveillance and Notification Officers (DSNOs) Of 36 States+FCT to improve timeliness of Polio Specimen Transport. Participants included WHO, AFENET, NPHCDA, SDSNOs and CFHI Team.

The State DSNOs were trained on how to use Log Tag UTRIX -16 multi-use USB temperature recorder for sample transportation. The training was he ld in Nasarawa state.



Cross Section of Participants at TOT Event

07 World Water Day

World Water Day is observed on March 22 to raise awareness about the importance of water and educate people to conserve it. A principal focus of World Water Day is to support the achievement of United Nations' Sustainable Development Goal 6, which is to ensure safe water and sanitation for all by 2030. In 2022, CFHI commemorated World Water Day with the stakeholder of Gosa community and the student of Junior Secondary School Gosa community, Gosa. The celebration had 74 participants sensitized on the need to take action by proper management of underground water.





Commemoration of World Water Day At Chief palace and Jss Gosa



08

09

Community Action Against Drug Abuse (CAADA)

Community Action Against Drug Abuse (CAADA) is funded by MacArthur Foundation and Ford Foundation and implemented by Leap Africa, Nigeria Youth Futures Fund with CHFI. The project kick-started in the month of November 2022.

CFHI in the month of December went for advocacy visit to the community heads in Dutse to seek their collaboration in implementing the project. They community chiefs agreed to work with CFHI in achieving the project goal.



Advocacy visit with Hon. (Alh) Abubakar Bakothe Hakimi & Sarkin Dutse Alhaji and Chief Shawo James the Gbagyi Chies of Dutse Alhaji (Esu Dutse Pe)

World Blood Donor Day

World Blood Donor Day is celebrated 14th June of every year to raise awareness of the need for safe blood and blood products, and to thank blood donors for their voluntary, life -saving gifts of blood. Center for Family Health in collaboration with National Blood Transfusion Service (NBTS) Abuja, Nigeria commemorated world donor day by organizing a blood bank drive to get people to donate blood. This activity was carried out at Mpape junction, Abuja with 63 participants. The participants are, 17 NBTS staff, 5 CFHI staff and 41 counselled people. The blood bank drive had the likes of artisans, business owners that took time from their already busy schedules to donate blood. This kind act of humanity would go a long way in saving lives and keep the world beating.







10

World Immunization Day

World Immunization Week celebration aims to highlight the collective actions needed to promote the use of vaccines to protect people of all ages against diseases. The ultimate goal of World Immunization Week is for more people; and their communities to be protected from vaccines preventable diseases. CFHI commemorated 2022 World Immunization Day at Primary Health Care Chikakore Kubwa, Abuja. The event had 152 parti cipants including a guest facilitator, three CFHI staff, and four PHC staff. The event covered sensitization/awareness and health talks on immunization and immunization of participants.



A Child being immunized in Chikakore Community



11 World Day Against Child Labour

Network of Civil Society organization against Child Trafficking, Abuse, and Labour NACTAL in a bid to commemorate 2022 World Day Against Child Labour collaborated with it's member organization and Gosa as host community for the event. Participants included staff members of; Network of Civil Society organization against Child trafficking, abuse, and labour (NACTAL), Centre for Family Health Initiative (CFHI), DEVATOP Centre for Africa Development, AS -WAJ, Christ City, and Amen Charring Hands. The event featu red a courtesy call visit to the principal and management team of JSS Gosa lead by FCT NACTAL coordinator, and presentation by the member organizations on; the rights and responsibilities of a child, forms of child abuse, signs to identify child abuse, and reporting procedures for child abuse.



12 Day of the African Child (DAC)

The Day of the African Child (DAC) is celebrated every June 16 to reflect on the progress made towards children's rights, as well as the barriers they continue to face.

Centre for Family Health Initiative commemorated the Day of African Child by visiting Flourish Royal Academy, Kubwa, Abuja. The students of the school were educated on child's rights, their responsibilities towards nation building, and many more. There were sessions for cultural dance and debate which was fun and informative. Winners were presented with gifts.



Cultural Dance display by the Children



Presentation of Gift to the Winners



13 World Children's Day

CFHI commemorate the World Children's day by organizing a Spelling Bee Competition in one of its assigned community at Sabon Lugbe. The event was hosted at LEA Primary School, Sabon Lugbe. Three (3) addition schools where invited to mark the event and they are LEA Primary School Aco, Glorious Aca demy School, and Gifted Hunira Memorial School, although Gifted Hunira was unavoidably absent.

The opening remark was done by LEA Primary School Assistant Head Teacher in the person of Mr. Sunday Emmanuel and a welcome speech by Lucy Onyema introducing the eorganization (CFHI) and the purpose of the event. Lucy Onyema presented a lecture on "Basic Right of Children. She started by defining the meaning of Right, children and listed the rights of children. She further enlightened the children that they have right but still needs the guidance and direction of their parents so they can achieve their DREAMS and have a better future. She talked on the roles of their parents, government and the responsibilities of the children. She listed scenarios on how a child can abuse the rights given to them and encouraged the children to always be responsible and focused in their education.

The program later progressed into a Spelling bee competition by two (2) students each from the three schools present for the event. Awar ds were given appropriately to the students based on their position which was collated by the judges. LEA Primary School, Sabon Lugbe acquired the first position, the second position award was received by LEA Primary School, Aco and the third position award was received by Glorious Academy School.





14 World Malaria Day

Centre for Family Health Initiative team commemorated World Malaria Day 2022, at Karmo-Abuja to sensitize pregnant women to the best malaria prevention methods and control.

The event had 30 participants aside the CFHI staffs. All 30 participants were given treated mosquito nets to help protect them and their newborn from malaria infection.



Cross Section of Women during the Sensitization



Cross Section of Women with the Net given to them

15 Presentation of Starter-kits to REAP Beneficiaries

The U.S President's Emergency Plan for AIDS Relief (PEPFAR) through Centre for Family Health initiative (CFHI), distributed start-up kits to REAP project beneficiaries who concluded the 6 to 9 months training in baking and hairdressing in Owerri, Imo State, Nigeria.



16 Health Security Policy and financing Forum

About 60% of Nigerian population do not have equitable access to safe essential medicines according to research, due to proliferation in the circulation of substandard and fake medicines, and high prices of drugs.

To accelerate the health security financing in Nigeria, CFHI's Executive Director, Krystal Anyanwu went to Reiz Continental Hotel with other distinguished personnel from Federal Ministry of Health Nigeria, National Center for Disease Control and Nigerian Governors Forum (NGF).



Cross Section of the Attendees

Page16

International Day of Zero Tolerance for Female Genital Mutilation (FGM)

In commemoration of International Day of Zero Tolerance for FGM, Centre for Family Health Initiative went to St. Theresa Catholic Church, Amurie Omanze in Isu LGA of Imo State over the weekend to deliver talk on how to achieve zero record of female genital mutilation in the community.

Over 100 people were reached and they all pledged to join the movement.



18 Sahel Food Systems Changemakers Conference

Sahel Food Systems Changemakers Conference was held on September 15th, 2022 at NAF Conference Centre and Suites, Kado, Abuja.

The event was hosted by the Sahel Consulting Ltd, and had participants from various government and private organizations which included the Federal Ministry of Agriculture and Rural Development.

Highlights of the conference were discussions on challenges that affect agriculture and food security such as Storage, Processing, Lack of access to Finance etc and also, on building sustainable and resilient ecosystems in Nigeria. There were Breakout Sessions in which participants generated recommendations on these issues: Food Production; Food Processing; Distribution & Logistics, Trade; Safety & Security; Nutrition; Livestock; Equity & Inclusion; Starting & scaling Resilient Agribusinesses.



Breakout Sessions ...promoting health, protecting well-being





International Menstrual Health and Hygiene Day (MHMD)

International Menstrual Health and Hygiene Day (MHMD) is celebrated every year to raise awareness on menstruation and the need to end period poverty and stereotypes surrounding the topic.

In May 2022, CFHI in partnership with Real Relief, Denmark continue d to provide adequate knowledge on menstrual health to school girls all over the world via the transnational #KickOffTheDialogue2022 campaign. At Foma Academy, Kubwa, Abuja, CFHI facilitated an in - school activity for 76 girls to talk about menstruation and have fun in the process. 50 participants were provided with reusable SafePads TM, including 3 vulnerable girls who experience severe period poverty at Kagini community, Abuja.

Furthermore, CFHI joined the Federal Ministry of Women Affairs to celebrate MHM 2022 and make menstrual materials available to girls and women in attendance.



Cross Section of Students and the Stafs of CFHI

20 National Children's Day

The Centre for Family Health Initiative celebrated 2022 National Children's Day at Umuawaka community in Mbaoma Autonomous Community of Emii, Owerri North LGA, Imo state with support from the Caritas supported 4GATES Project and at Abuja. 136 children who attended the event at Owerri participated in the fun activities of the day, incl uding dancing competitions, spelling games, quiz competition and gifts presentations, as well as other recreational activities. Some adolescent girls were supported with sanitary pads based on need.

In Abuja, the team worked with the Federal Ministry of W omen Affairs and other developing partners to celebrate the children at the Old Parade ground, Abuja. All outstanding students were awarded and everyone in attendance were provided with gifts such as reusable pads, disposable pads, scholastic materials, a mong others. SafePadsTM were also donated to the Federal Ministry of Women Affairs.



National Children's Day at Abuja

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21 Safepad Production

Poor genital health management negatively affects adolescents' health. Most girls are unaware and unprepared for menarche as they are not informed or illinformed about menstruation. This has Consistently undermined the educational opportunities, health and overall social status of women and girls around the world.

As a result, millions of women and girls are kept from reaching their full potentials. This brought to birth CFHI's interest to partner with Real Relief Denmark in making reusable pads available to schoolgirls and provide economic opportunities for local women and young girls at little or no cost. The Safepad[™] is a unique sanitary pad with a special antimicrobial Treatment.

The permanently bonded antimicrobial technology helps heal vaginal infections by removing yeast and bacteria during use and care. To partner with us to end period poverty in Nigeria and beyond, kindly contact info@cfhinitiative.org or ed@cfhinitiative.org.





22 International Day of the Girl Child (IDGC)

The International Day of the Girl Child (IDGC) was commemorated at Junior Secondary School Gosa Community, FCT, in partnership with the school theatrical club. The event featured presentation by Mrs. Krystal Anyanwu, Executive Director of CFHI on the value of education and the need to educate our girls so that they can become future leaders who are better equipped to make decisions that will have an impact on society, testimony from Mrs. Alexandra Enwesim, drama and gift presentation to 50 students for an outstanding performance.



Presentation by Mrs. Krystal Anyanwu





Group photograph

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1 Success Story - A

Ogini Iyabo is a beneficiary of the Centre for Family Health Initiatives, a reactive mother of two reactive children. She fries bean cake (Akara) and was not consistent with it due to the ill health of her household, which lead to her being unable to cater to the need of her children. During the regular HES monitoring visit by the Case Manager, she received Financial Education, which had her use her profit to expand her business. In addition to her, Akara business is the addition of frying puff puff and making Pap (akamu) while she purchased the raw material (beans) in bag. Now, she's able to enroll her children back in school and feed her family as she continues her business and pays bills from the little profit she makes from her business.



Michelle is a 5-year-old female OVC living with her reactive parents and has been battling with health crisis emanating from Sickle Cell Anemia. She was admitted into Federal Medical Center, Owerri, on account of health issues emanating from the sickle cell anemia. CFHI through the 4GATES project supported her to access consultations with clinicians, and further supported her with purchase of drugs, payment of medical bills, and other support services both during and after her admission, and it fe els good to say that Michelle got out of hospital with our support and was able to go back to school and close the school term with her peers.



03 Success Story - c

Precious is a 6-month-old HEI borne to a HIV positive concordant couple. Precious is a child of so many charms, despite her health conditions. Her health condition was a major emergency. The clinicians attributed all the symptoms she had to marasmic malnutrition. Due to lack of funds, her parents were unable to take her to the hospital for medical treatment. Caritas Nigeria from the point of presentation at the Imo State Specialist Hospital, Umuguma, took care of the child's bills for both the K75 special feeding as prescribed, and other medical expenses, all through her period of admission at the facility.





Our Appeal

CFHI has overtime worked in hard-to-reach communities to promote health and ignite Behavioral change across Nigeria but more needs to be done to achieve Universal Health Coverage for all by 2030.

All CFHI's projects are Community based and family-centred, so that Our beneficiaries are reached with activities that Proffer sustainable solutions.

Persons interested in donating to our activities, offering volunteer services, or partnering with us, are always welcome.

For Donations and/or others

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