



**CENTRE FOR
FAMILY HEALTH
INITIATIVE
(CFHI)**

www.cfhiinitiative.org

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....promoting health, protecting well - being

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Welcome to the first edition of CFHI newsletter for 2023 and Happy New Year. Our partners, funders and friends made 2022 a huge success. Thank you.

Cervical cancer is a type of cancer that occurs in the cells of the cervix — the lower part of the uterus that connects to the vagina. It is preventable and treatable yet a great deal of women die globally of the disease. January has been marked out for cervical cancer awareness month and CFHI will be joining in the awareness campaign.

In this publication, we would be keeping you abreast on ongoing programs in the organization which include: Action to Sustain Precision and Integrated HIV Response towards Epidemic Control (ASPIRE), Polio Lab Sample Transport (PLST), Accelerated Control of HIV Epidemic and Sustainability Solution (ACCESS), and SafePad™ production.

Do have a pleasant reading!

Kind regards,
Princess Osita-Oleribe
Co-Founder, CFHI.

CERVICAL CANCER AWARENESS MONTH



Stimulating Actions against Cancer

According to Human Papillomavirus Information Centre in 2021, current estimates indicate that every year, 12,075 Nigerian women are diagnosed with cervical cancer and 7,968 die from the disease.

Cervical cancer is a type of cancer that occurs in the cells of the cervix — the lower part of the uterus that connects to the vagina.

Human papillomaviruses (HPV), an incredibly prevalent virus spread through sexual contact, are associated with 99% of cervical cancer occurrences.

Although the majority of HPV infections are self-limiting and symptomless, persistent infections can lead to cervical cancer in females.

According to American Cancer Society (ACS), the average age of diagnosis for cervical cancer is 50, with the most common age range for female patients being 35 to 44. Women under the age of 20 rarely develop it.

Many older women are unaware that as they get older, they still run the risk of acquiring cervical cancer. Women over 65 account for more than 20% of incidences of cervical cancer. However, women who have received routine cervical cancer screenings before the age of 65, on the other hand, are much less likely to get these cancers.

Early-stage cervical cancer has no symptoms, but when it progresses, the person experiences; Vaginal bleeding following sex, during menstruation, or after menopause, Watery, bloody vaginal discharge that may be heavy and have an offensive odour, Pelvic pain or discomfort during sexual activity.

Although the exact cause of cervical cancer is unknown, HPV is undoubtedly a factor. (Mayo Clinic). The majority of HPV-positive people do not go on to develop cancer. This indicates that in addition to genetics, your environment and lifestyle choices also have a role in determining whether you'll get cervical cancer.

Some of the risk factors include; multiple sexual partners sexually transmitted illnesses Weak immune system Smoking Exposure to miscarriage preventive medication Regular screenings are recommended for early detection governments are urged to ensure vaccine equity and the elimination of cervical cancer as a public health problem.

Action to Sustain Precision and Integrated HIV Response towards Epidemic Control (ASPIRE)

ASPIRE team implemented its planned community and facility activities.

A total of 1772 (M=651, F=1121) beneficiaries received at least one service. A total of forty-four (44) VC were enrolled for OVC services (39 HEIs & 5 CLHIV) across the assigned facilities in the month of December.

Fifteen members of Kagini SILC group acquired skills in soap making while fourteen Caregivers from Gosa community received Food support (5kg rice, groundnut oil, spaghetti, and tomato paste) from AHF.

Other activities include, provision of Transport logistics for drug pickup and sample collection for eight (8) VC across different health facilities, Food Demonstration activity with Fifty (50) caregivers in attendance at Dape community, ASPIRE strategic weekly review meeting and Provision of Nutrition education on Appropriate Complementary feeding from 6 months to fifty (50) Caregivers during IYCF Support Group Meetings at Sabo Lugbe and Dape communities.



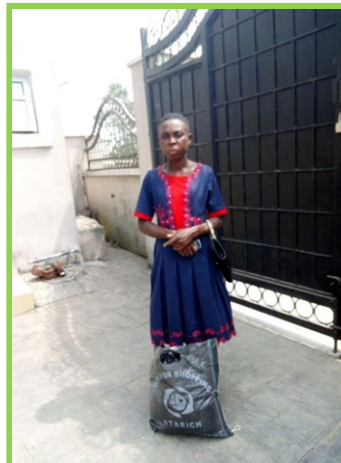
Food Demonstration Activity at Girshiri Community



Accelerated Control of HIV Epidemic and Sustainability Solution (ACCESS)

Accelerated Control of HIV Epidemic and Sustainability Solution (ACCESS) team in the month of December had 9 new beneficiaries enrolled into the ACCESS OVC Program. 298 VC were referred and supported to access HIV testing services while logistics support was provided to beneficiaries who were due for viral load test to access the service.

12 beneficiaries were virally unsuppressed following close monitoring by the team. Other interventions include emergency food supplies in December to two households, facilitation of birth certificates for 11 newly enrolled VC, and provision of start-up kits for 6 adolescent beneficiaries.



Beneficiary of the Emergency Food Support

Polio Lab Sample Transport (PLST)

CFHI in collaboration with Village Reach and National Primary Health Care Development Agency (NPHCDA) conducted training of trainers (TOT) for States Disease Surveillance and Notification Officers (SDSNOs) at Nassarawa State.



Participants at TOT Event



During the Training Session

World AIDS Day

Centre for Family Health Initiative (CFHI) commemorated the World AIDS DAY 2022 at National hospital Abuja in partnership with National Hospital Abuja, Elizabeth Glaser Pediatrics Foundation and Institute of Human Virology of Nigeria (IHVN).

A walk round the different departments/Units of National Hospital to create awareness and sensitize patients on equal access to treatment and prevention of HIV/AIDS in line with the theme “Equalize”.

The event had 40 adolescents present with heads of some departments in the hospital, staff Elizabeth Glaser Pediatrics Foundation, CFHI and Institute of Human Virology of Nigeria (IHVN).



World AIDS Day at National Hospital



Commemoration of World AIDS Day at National Hospital Abuja

Universal Health Coverage Day (UHC)

Centre for Family Health Initiative commemorated the Universal Health Coverage Day through an online video conference with the General Manager, Kenneth Onyewuchi. In keeping with the theme “Build the World We Want; A Healthy Future for All, the GM recognized efforts made by players in the UHC space and urged Government, organizations and individuals to unite in advancing universal health.



UHC Commemoration

Community Action Against Drug Abuse (CAADA)

Community Action Against Drug Abuse (CAADA) is a project Funded by MacArthur Foundation and Ford Foundation and implemented by Leap Africa through CFHI. The project kick-started in the month of November 2022.

CFHI in the month of December went for advocacy visit to the community heads in Dutse to seek their collaboration in implementing the project. They community heads agreed to work with CFHI in achieving goals of the project.



Advocacy visit with Hon. (Alh) Abubakar Bakothe Hakimi & Sarkin Dutse Alhaji and Chief Shawo James the Gbagyi Chief of Dutse Alhaji (Esu Dutse Pe)

Safe Pad Production

SafePad™ is a unique and award-winning sanitary pad with a special antimicrobial treatment produced by Centre for Family Health Initiative (CFHI) in partnership with Real Relief, Denmark. The permanently bonded antimicrobial technology helps heal vaginal infections by removing yeast and bacteria during use and care.

To partner with us to end period poverty in Nigeria and beyond, kindly contact info@cfhinitiative.org or ed@cfhinitiative.org for more information.





OUR APPEAL

Interested in helping in any aspect of our work?

Persons interested in donating to our activities, offering volunteer services or partnering with us, are always welcome. All CFHI's projects are community based and family-centred, so that our beneficiaries are reached with activities that proffer sustainable solutions. Therefore, individuals or groups concerned with improving community health, sustainable socio-economic empowerment and the development of family-centred policies should kindly do so through the channels below.

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