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Dear funders, partners, and friends,

Welcome to the third edition of CFHI newsletter for 2023!

According to the World Health Organization (WHO), a total of 1.6 million people died from Tuberculosis (TB) in 2021 (including 187 000 people with HIV). Worldwide, TB is the 13th leading cause of death and the second leading infectious killer after COVID-19 (above HIV/AIDS).

CFHI attended the Community Consultation on National CRG Action Plan and National TB Advocacy Workshop, which was organized by Stop TB Partnership Nigeria in collaboration with National Tuberculosis and Leprosy Control Programme to strengthen the capacity of participants in engaging and advocating for an improved National programme as well as increase the participation of people affected by TB.

In this publication, we would be keeping you abreast on ongoing programs in the organization which include: Action to Sustain Precision and Integrated HIV Response towards Epidemic Control (ASPIRE), Polio Lab Sample Transport (PLST), Community Action against Drug Abuse (CAADA), Special Events and SafePad™ production.

Do have a pleasant reading!

Kind regards,
Princess Osita-Oleribe
Co-Founder, CFHI.

TUBERCULOSIS AWARENESS



Although the bacteria that cause tuberculosis can live in your body, your immune system usually works to keep you healthy. For this reason, medical professionals distinguish between:

Latent TB: Latent TB, also called inactive TB or TB infection, isn't contagious. You have a TB infection, but the bacteria in your body are inactive and cause no symptoms. Latent TB can turn into active TB, so treatment is important.

Active TB: Often known as TB sickness, makes you unwell and, in most situations, can spread to other people. It might happen shortly after TB bacterial infection or years later. (Mayo Clinic)

The signs and symptoms of active TB include: Coughing for three or more weeks, coughing up blood or mucus, chest pain, or pain with breathing or coughing, unintentional weight loss, fatigue, fever, night sweats, chills, loss of appetite.

TB bacteria spread through the air from one person to another when a person who has TB disease of the lungs or throat speaks, sings, or coughs.

TB is NOT transmitted by;

- * Shaking hands
- * Sharing food or drink
- * Touching toilet seats or bed linens
- * Sharing toothbrushes
- * Kissing

If you have latent TB and are at a high risk of developing active TB, your doctor may advise drug treatment. You need to take antibiotics for at least six to nine months if you have active tuberculosis.

Your age, general health, the possibility of drug resistance, and the location of the infection in your body all affect the specific medications and length of treatment.

TB can be lethal if left untreated but it is preventable and treatable. Visit the nearest clinic for a test if you have any of the aforementioned symptoms.

In the history, Tuberculosis (TB) or “consumption,” was a major cause of death worldwide. Following advancements in living conditions and the development of antibiotics, frequency of TB fell dramatically in industrialized countries. Tuberculosis (TB) which is caused by the mycobacterium bacteria is a contagious complaint that generally affects the lungs, though it can affect any organ in the body. It can develop when bacteria spread through droplets in the air. TB can be fatal, but in numerous cases, it's preventable and treatable.

According to the World Health Organization (WHO), a total of 1.6 million people died from Tuberculosis (TB) in 2021 (including 187 000 people with HIV). Worldwide, TB is the 13th leading cause of death and the second leading infectious killer after COVID-19 (above HIV/AIDS).

Action To Sustain Precision And Integrated HIV Response towards Epidemic Control (ASPIRE)

CFHI ASPIRE Team in the month of February continued with the implementation of planned community and facility activities.

As a result, a total of 1767 (M-641, F-1126) beneficiaries were served and documented on both folders and the NOMIS platform. One hundred and forty (140) beneficiaries were enrolled for OVC services, including (22 HEIs & 2 CLHIV) across the assigned facilities.

The team linked two caregivers who were empowered on Income Generating activity with a Grinding machine and three caregivers received Nutrition supplements from the HIV/AIDS unit of the Social Development Secretariat of FCT.

Other activities include: Treatment of two sick Vulnerable Children, provision of transport logistics for drug pickup and sample collection for fifteen (15) VC across different health facilities, food demonstration for fifty care givers, training on catering skill for adolescents, and ASPIRE strategic weekly review meeting.



Beneficiary of grinding engine



Adolescents making pastries

Polio Lab Sample Transport (PLST)

The team commenced planning for Cascade training on effective timeliness of Polio Lab Sample Transport in 5 States across the Nation in collaboration with National Primary Health Care and Village Reach which will be held across the 36 states +FCT.

International Day Of Zero Tolerance For Female Genital Mutilation (FGM)

Tuberculosis Advocacy Workshop and Community Consultation on National Community Rights and Gender Action Plan and Glob-

The Center for Family Health Initiative observed the International Day of Zero Tolerance for Female Genital Mutilation (FGM) by educating a group of female residents of Umuawuka Village in Emii, Owerri, Imo state on the fight against Female Genital Mutilation (FGM).

The event had 41 females in attendance and they all appreciated the organization for coming to educate them on FGM.



Cross-Section of the Participants



During the Sensitization

Centre for Family Health Initiative participated in the National TB Advocacy Workshop organized by Stop TB partnership Nigeria in collaboration with National Tuberculosis and Leprosy Control Programme (NTBLCP).

Participants included selected CSOs across the federation, NTBLCP team and representatives of TB implementing partners.



During the Workshop

The workshop was organized to strengthen the capacity of participants to engage and advocate for an improved National TB programme as well as increase the participation of people affected by TB.

Part of the workshop focused on the Community Rights and Gender (CRG) Action Plan and the Global Fund Grant.

The sessions were objectively designed to identify existing gaps in the current national CRG action plan, propose new areas for inclusion and ensure the prioritization of CRG intervention in the next Global Fund Grant.

At the end of the training, CFHI representative in collaboration with some participants developed communiqué.

Furthermore, to mark the upcoming World Tuberculosis Day, CFHI in collaboration with NTBLCP and other partners held a strategic planning meeting.

Community Action Against Drug Abuse (CAADA)

Over 200 youths were educated on the dangers of drug abuse and on the need for youths to exercise their civic responsibilities during a road walk campaign at Dawaki, Dutse Alhaji and Dutse Sokale communities.

Further more, the team organized a 2-day sensitization on the dangers of drug abuse, political thuggery and the importance of citizen's civic participation at Dutse communities which had 150 youths in attendance.

NYFF project is funded by MacArthur Foundation, Ford Foundation and implemented by LEAP Africa and CFHI.



Cross-Section of the Participants



Drama Presentation



Safe Pad Production

SafePad™ is a unique and award-winning sanitary pad with a special antimicrobial treatment produced by Centre for Family Health Initiative (CFHI) in partnership with Real Relief, Denmark. The permanently bonded antimicrobial technology helps heal vaginal infections by removing yeast and bacteria during use and care.





OUR APPEAL

Interested in helping in any aspect of our work?

Persons interested in donating to our activities, offering volunteer services or partnering with us, are always welcome. All CFHI's projects are community based and family-centred, so that our beneficiaries are reached with activities that proffer sustainable solutions. Therefore, individuals or groups concerned with improving community health, sustainable socio-economic empowerment and the development of family-centred policies should kindly do so through the channels below.

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