



NEWSLETTER

Co-Founder's Desk

Dear friend of the family,

Welcome to the 6th edition of our monthly Newsletter. I hope it finds you in good health and high spirits.

In today's interconnected world, the digital landscape has become an integral part of our lives. It has brought about countless opportunities for learning, communication, and growth. However, it is crucial that we also recognize and safeguard the rights of children in this digital environment. Children are more vulnerable to online risks, such as cyberbullying, exposure to inappropriate content, and online exploitation. As an organization committed to the well-being of children, it is our responsibility to advocate for their rights in the digital space.

In addition to our focus on the rights of a child in a digital environment, we will also be celebrating significant days this month. The Day of the African Child reminds us of the importance of nurturing and supporting the future leaders of our continent. We will join hands with local communities to organize fun-filled events, educational programs, and interactive sessions that highlight the potential and talents of African children. By investing in their education, health, and well-being, we are building a brighter future for our continent.

Furthermore, we will actively participate in World Blood Donor Day, recognizing the critical role that blood donation plays in saving lives. We will encourage our employees and the wider community to donate blood, raising awareness about the importance of this selfless act.

Lastly, we will mark the Day of Drug Abuse and Illicit Trafficking by emphasizing the need for drug prevention and raising awareness about the dangers of substance abuse. Through educational initiatives, counseling services, and community outreach programs, we aim to empower individuals, especially young people, to make informed decisions and live drug-free lives.

I am immensely proud of the work we do at CFHI, and I want to express my gratitude to each and every one of you for your unwavering dedication to our mission. It is through your commitment and passion that we are able to make a meaningful impact in the lives of people and their communities

Thank you for your continued support and tireless efforts.



PRINCESS OSITA-OLERIBE
CO-FOUNDER, CFHI

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CENTRE FOR
FAMILY HEALTH
INITIATIVE
(CFHI)

Protecting health promoting well-being



The Rights of a Child in a Digital Environ ment



June Article

Children's rights are an essential aspect of any society, ensuring their well-being, protection, and development. Just like adults, children have the right to enjoy certain privileges and protections as outlined in various legal frameworks. In Nigeria, the Constitution and the Child's Rights Act of 2003 guarantee specific rights to every child. Moreover, in today's digital age, the right to access the digital environment has become increasingly important for children's mental growth and overall development.

The definition of a child may vary depending on the context. In Nigeria, the 1999 Constitution considers anyone below the age of 18 as a child. Similarly, the United Nations Convention on the Rights of the Child defines a child as an individual below 18 years, unless the law recognizes adulthood at an earlier age.

“ Access to the digital environment is not just a privilege but a right for every child, opening doors to limitless learning and connecting them to the wider world. ”

Children's rights in Nigeria are protected by both the Constitution and the Child's Rights Act of 2003. The Nigerian Constitution provides a foundation for fundamental human rights, which include the right to life, education, and protection from discrimination. The Child's Rights Act expands on these rights, emphasizing the best interest of the child as the primary consideration in all actions. It also guarantees protection and care necessary for a child's well-being.

Children's rights encompass a wide range of entitlements aimed at nurturing their physical, emotional, and intellectual development. These rights include access to healthcare, education, play, and recreation, as well as protection from abuse and harm. The right to access information, especially in the digital age, is crucial for a child's cognitive growth. Education and experiences should not be limited to the confines of a classroom; children should have the opportunity to explore the internet, unlocking vast possibilities and connecting with the world.



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The digital environment plays a significant role in shaping children's lives, particularly during times of crisis. The COVID-19 pandemic serves as a prime example, as millions of children were forced to rely on online resources for education and social connection. Access to the internet and digital technologies becomes a lifeline, enabling children to continue learning, engaging with peers, and staying connected with their families and friends. The digital environment offers new avenues for the realization of children's rights, opening up opportunities for learning, creativity, and global interaction.

In today's interconnected world, access to the digital environment is crucial for a child's mental growth. It provides them with a wealth of information, diverse perspectives, and interactive platforms for learning. The internet allows children to explore different subjects, engage in educational games and activities, and gain exposure to cultures and ideas from around the globe. Through digital platforms, children can connect with peers, collaborate on projects, and broaden their horizons.

“Ensuring a safe and equitable digital environment for children is not only a responsibility but a necessity, empowering them to explore, create, and thrive in the digital age.”

During the COVID-19 pandemic, the significance of the digital environment became even more evident. With schools closed and physical interactions limited, children heavily relied on online resources to continue their education and maintain social connections. Online platforms became the primary means of communication and learning for children across the globe. However, this increased dependence on the digital environment also highlighted existing inequalities, as not all children had equal access to technology and the internet.

To ensure safe and equitable engagement in the digital environment, it is imperative to adopt measures that protect children from harm and empower them to make responsible choices. This includes implementing robust parental controls, digital literacy programs, and age-appropriate content filters. Parents, educators, and society as a whole have a collective responsibility to guide children in navigating the digital world and ensuring their well-being.



However, it is essential to recognize that the digital environment also poses risks and challenges. As children navigate online spaces, they may encounter inappropriate content, cyberbullying, or online predators. The digital world can be overwhelming and confusing, especially for young and impressionable minds. Therefore, it is crucial to strike a balance between the opportunities and risks associated with the digital environment.

every child has the right to access the digital environment as part of their overall development. The digital world offers tremendous opportunities for learning, exploration, and connection. However, it also presents risks and challenges that must be addressed. By prioritizing children's rights, promoting digital literacy, and ensuring a safe and equitable digital environment, we can empower children to navigate the online world responsibly and harness its full potential for their growth and well-being.





Protecting health protecting well-being



KIDDIES CLUB ACTIVITY

The team continued with the implementation of planned activities at both facilities and in the communities. As a result, a total of 2,241 (M-895, F-1346) beneficiaries were served and documented on both folders and the NOMIS platform.

2,203 (M-895, F-1346) beneficiaries were newly enrolled for OVC services bringing the total number of beneficiaries to 6637.

The team successfully tracked back VC who had an interruption in treatment (IIT) to care at National Hospital Abuja and successfully facilitated the transfer of a CLHIV from Asokoro District Hospital to Funtua General Hospital Katsina for ART, TB, and OVC services.

Other activities include treatment of a vulnerable child, provision of transport logistics for drug pickup and sample collection for seven (7) VC across different health facilities, Better Parenting meeting with a total of 10 (M0, F10) caregivers in attendance at Iddo Pada community, Dreams club activity and ASPIRE strategic weekly review meeting.

ACTION TO SUSTAIN PRECISION AND INTEGRATED HIV RESPONSE TOWARDS EPIDEMIC CONTROL (ASPIRE)



parenting activity



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Protecting health, promoting well-being

COMMUNITY ACTION AGAINST DRUG ABUSE

It is essential to provide healthcare workers with the appropriate skills and knowledge to ensure the delivery of high-quality and inclusive healthcare services.



Through the Nigeria Youth Futures Fund Project_CAADA, CFHI trained ten (10) community primary healthcare workers from Bwari LGA, FCT and seven (7) public health students from ASSAS College of Health Science and Technology, Azu Garua Niger State. The training focused on the treatment and provision of health and psychosocial support to victims and survivors of drug and substance abuse.



The 4-day training will aid the healthcare workers in providing high-quality, compassionate, and person-centred care to victims and survivors of drug and substance abuse.





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CELEBRATING WORLD MENSTRUAL HYGIENE DAY 2023 - A MILESTONE OF EMPOWERMENT

As part of CFHI's commitment to sustainability and accessibility, the event introduced reusable safe pads as a practical and environmentally friendly alternative at JSS BURUM, ABUJA. With hands-on demonstrations and step-by-step guidance, girls and women learned how to use these pads effectively. The emotional impact was undeniable as tears of joy mixed with expressions of gratitude. The knowledge that they now had access to reliable, affordable, and eco-friendly menstrual hygiene solutions filled their hearts with hope and a renewed sense of dignity.

The event's true highlight, however, extended beyond empowering 44 vulnerable girls. CFHI's compassionate hearts shone through as each girl received her own reusable safe pad, marking a significant milestone in their lives. It was equally important to educate boys about menstruation and the crucial role they play in creating a supportive and inclusive environment. By enlightening boys about menstrual hygiene, we are breaking down barriers, fostering empathy, and building a culture of understanding and respect. This comprehensive approach ensures that boys, too, become advocates for menstrual health, eradicating stigma and promoting gender equality.

This event stands as a pivotal moment in CFHI's journey of advocacy and empowerment. It reaffirms the belief that through unity, support, and the breaking of silence, we can create a world where every girl and woman embraces her menstrual health with dignity, confidence, and pride.



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SAFE PAD PRODUCTION

SafePad™ is a unique and award-winning sanitary pad with a special antimicrobial treatment produced by Centre for Family Health Initiative (CFHI) in partnership with Real Relief, Denmark. The permanently bonded antimicrobial technology helps heal vaginal infections by removing yeast and bacteria during use and care.

To partner with us to end period poverty in Nigeria and beyond,

kindly contact info@cfhinitiative.org or ed@cfhinitiative.org for more information.



OUR APPEAL

Interested in helping in any aspect of our work?

Persons interested in donating to our activities, offering volunteer services or partnering with us, are always welcome. All CFHI's projects are community based and family-centred, so that our beneficiaries are reached with activities that proffer sustainable solutions. Therefore, individuals or groups concerned with improving community health, sustainable socio-economic empowerment and the development of family-centred policies should kindly do so through the channels below.

ACCOUNT DETAILS

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Swift Code: FIDTNGLA

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