

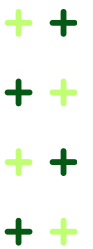


# Annual Report 2023



**CENTRE FOR FAMILY HEALTH INITIATIVE (CFHI)**

...promoting health, protecting well-being



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# EXECUTIVE SUMMARY

Dear friends and partners,

Centre for Family Health Initiative (CFHI) is proud to collaborate with esteemed partners and funders in improving the wellbeing of families, which is the most viable method for creating a sustainable global society. In 2023, CFHI through its project activities and community interventions continues to establish and strengthen systems, steering the provision of family-based health care and socio-economic services in Nigeria, while ensuring that these services are delivered to vulnerable and neglected populations

In particular, CFHI has made significant strides in addressing gender-based violence (GBV) and child trafficking. We have worked with community health workers to identify and support victims of GBV, and we have worked with NACTAL to bring perpetrators to justice. We were also able to facilitate the menstrual health and rights of hundreds of vulnerable women and girls and supported the retention and success of scores of students in schools.

CFHI's projects reports and 2023 interventions are featured in this publication.

On behalf of the team, thank you again for all your support. Do have a pleasant reading and a fulfilling holiday!

**Princess  
Osita-Oleribe  
Co-Founder, CFHI.**





# About Us

Centre for Family Health Initiative (CFHI) is a non-political, non-religious, not-for-profit organization, committed to the promotion of health and protection of the well-being of families in Africa (CAC/IT/No. 49787). Driven by a vision of Healthy Families; Healthy Societies, CFHI's mission is to engender a safe and empowered society through community-driven and family-centred health and social-economic interventions. CFHI has a Special Consultative Status with United Nations (UN) Economic and Social Council (ECOSOC) and is registered with relevant ministries, departments and agencies of the Government of Nigeria.





# Vision, Mission & Goals

## Vision

Healthy Families, Healthy Societies

## Goals

- Improve Community Health
- Sustainable Social and Economic Empowerment
- Evidence-Based Policy Development

## Mission

To engender a safe and empowered society through community-driven and family-centred health and social-economic interventions.



# 2023 at a Glance



HIV /OVC  
Beneficiaries served  
**8484**  
Individuals



Educational support  
**60**  
Students benefitted  
**350**  
books donated

**Immunized  
over 30  
children**



Social-Economic  
Empowerment  
**50**  
Individuals



Menstrual Health and  
Hygiene Management  
**1880**  
Sensitization and  
intervention

| SOME MAJOR ACTIVITIES                             | NUMBER OF PERSONS REACHED |
|---|---------------------------|
| World Menstrual Hygiene Day                       | 75                        |
| International Day of the Girl Child               | 65                        |
| World Hepatitis Day                               | 80                        |
| 16 days of Activism Against Gender-Based Violence | 2100+                     |

# ACTION TO SUSTAIN PRECISION AND INTEGRATED HIV RESPONSE TOWARDS EPIDEMIC

++ The Centre for Family Health Initiative (CFHI) successfully implemented the OVC program in the Abuja Municipal Area Council (AMAC) of the FCT during the FY23 period, with funding from PEPFAR through the IHVN ASPIRE Project. The program aimed to enroll and provide interventions to 8,300 Orphans and Vulnerable Children (OVC) and caregivers but we surpassed our target by 0.5% . The interventions included health care services, nutritional support, education, vocational training, psychosocial support, social and legal support, household economic strengthening, gender norms implementation, better parenting skills training, support for adolescent girls and young women, and the establishment of a DREAMS-Club for girls in different communities.

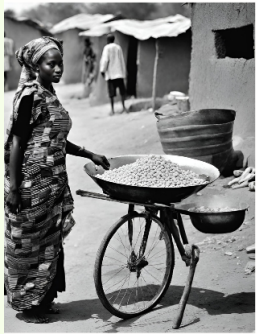




# Socio-economic empowerment



A total of fifteen (15) adolescents, sponsored by CFHI, are currently undergoing training through Monitoring Advocacy and Mobilization activity for IGA/Skills acquisition, in tailoring, hairdressing, catering, and pastries for free, showcasing the power of community in empowering youth and building brighter futures.



(Not real names)- Hanatu's family, facing financial hardship, received support from CFHI, not only in healthcare but also in economic empowerment, ensuring sustained health improvements. Similarly, Yusuf, a reactive caregiver, experienced a turnaround in her family's economic situation through CFHI's interventions, including health support, nutritional counseling, and a substantial economic boost. Annie, a widow struggling to support her children, utilized CFHI's funds for income-generating activities, elevating her family's financial status and fostering stability. These narratives underscore the pivotal role of household economic strengthening within the OVC Program, demonstrating how targeted financial assistance empowers families to break free from economic challenges, fostering self-sufficiency and improved well-being.



# 2023 INTERVENTIONS

## COMMUNITY ACTION AGAINST DRUG ABUSE (CAADA)

The Nigeria Youth Futures Fund implemented the Community Action against Drug Abuse project, which was funded by the MacArthur Foundation and Ford Foundation and implemented by CFHI in collaboration with LEAP Africa. The project focusses on raising awareness providing education and preventive measures to reduce drug abuse and its associated negative effects on individuals and the community as a whole.

CFHI trained ten (10) community primary healthcare workers from Bwari LGA, FCT, and seven (7) public health students from ASSAS College of Health Science and Technology, Azu Garua Niger State. The training focused on the treatment and provision of health and psychosocial support to victims and survivors of drug and substance abuse.

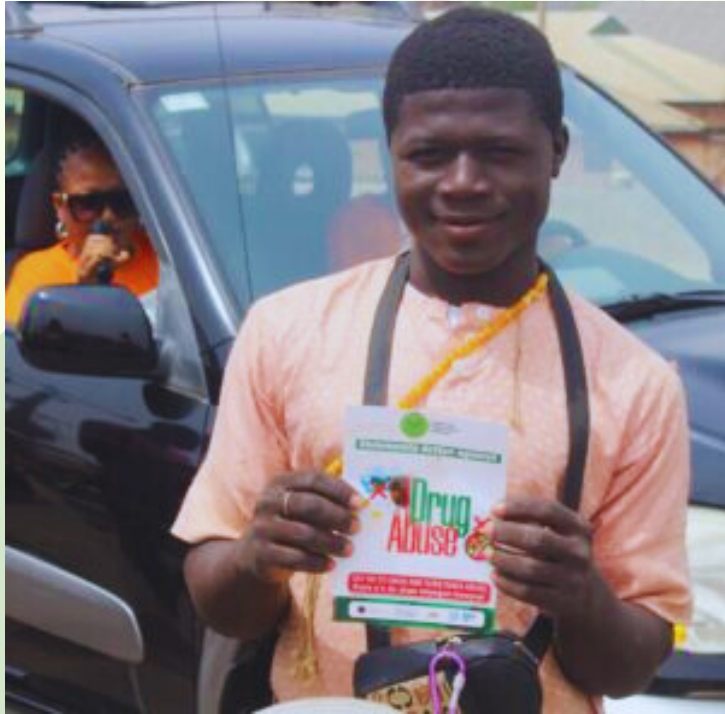
Over 200 youths were educated on the dangers of drug abuse and on the need for youths to exercise their civic responsibilities during a road walk at Dawaki, Dutse Alhaji and Dutse Sokale communities.



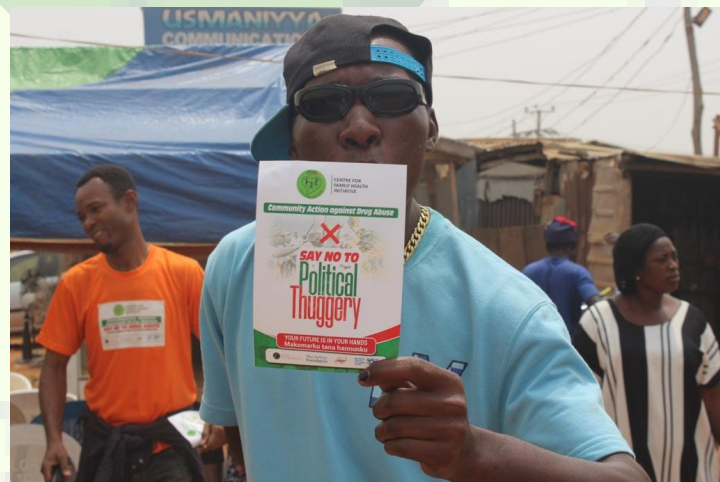


# 2023 INTERVENTIONS

## COMMUNITY ACTION AGAINST DRUG ABUSE (CAADA)



The Nigeria Youth Futures Fund and CFHI marked the successful completion of the project with project closeout meetings at the palaces of the Hakimi of Dutse, Alhaji Koro, and His Royal Highness Sabo Duste-Piwoyi (Sokale), Chief Timothy Ishaku, with relevant stakeholders in attendance.



It's been a journey full of hardwork, innovation, and unwavering dedication from our exceptional team. We have achieved our goals, exceeded expectations, and delivered results that make us immensely proud.





# Projects and Interventions



## EDUCATIONAL INTERVENTIONS

Through the year, over 70 children has been impacted through our educational intervention programs. We believe that education is the bedrock of family and society development. A total of thirty-seven (37) children cutting across Junior secondary and senior secondary schools were supported to register for the Basic Education Certificate Examination (BECE) and West Africa Examination Council (WAEC)/National Examination Council (NECO) and JAMB in FCT.



In partnership with Toast Masters International, Sheerah Children Initiative, Jewel Publishers and the Institute for Human Virology, CFHI organized a leadership training for the school prefects of Government Secondary School Kabusa, Abuja. About 25 school prefects were trained and empowered with skills such as goal setting, public speaking, servant leadership, and time management. In addition, over 300 books were donated to the school library.



# Menstrual Health And Hygiene Management Interventions



Also, the Federal Ministry of Women Affairs in collaboration with Centre for Family Health Initiative, Action Against Hunger Nigeria, UNFPA, WaterAid Nigeria, UNICEF, and The FORI Foundation - Focused On Reducing Inequality Federal Ministry of Women Affairs Headquarters, Abuja; and other organizations, celebrated the day at GSS Tudunwada, Wuse zone 4, Abuja. During the event, CFHI donated 100 reusable sanitary pads to support the distribution of sanitary pads to students.



To commemorate World Menstrual Hygiene Day, 2023, CFHI in collaboration with Heal The Youth Foundation and Binyoh, conducted an educational program for more than 75 young girls and boys at Government Junior Secondary School, Burum- Abuja. The program aimed to fight against period stigma. 44 reusable sanitary Safepads were provided to girls with limited access to hygiene products, and educational materials to the boys



The CFHI team ventured into the heart of two communities, Gbaupe and Gui, located in the remote corners of Abuja, to empower and inspire young minds. They also distributed over 65 Reusable SafePads to girls who otherwise lack access to sanitary pads, and sensitized boys about the physical and emotional challenges that girls encounter during menstruation.





## MATERNAL, NEWBORN AND CHILD HEALTH



CFHI Staff talking to the women on the benefits of breastfeeding to both mother and child.



Centre for Family Health Initiative organized an event to educate mothers on the significance of exclusive breastfeeding for 6 months. The event was held at Byazhin Primary Health Care Centre in Kubwa, Abuja. Our dedicated team presented invaluable insights into its numerous benefits for mothers and babies. The session also included a practical demonstration of correctly expressing and storing breast milk. At CFHI, we are passionately committed to empowering mothers with essential knowledge and unwavering support to nurture their babies through exclusive breastfeeding.

On World Malaria Day, 2023, CFHI commemorated the day by sensitizing over 40 pregnant and breastfeeding women on the dangers of malaria and how to prevent it. Key areas in the community were fumigated to reduce the mosquito habitation.



## WORLD IMMUNIZATION WEEK

The community members in Angwan Shahu community, Karimo, Abuja expressed their challenges in accessing immunization, such as the overcrowded PHC in the nearby town and the high cost of transportation. Therefore, to mark World Immunization Week, the Centre for Family Health Initiative (CFHI) partnered with Idu Primary Health Care facility to immunise over 30 children in Angwan Shahu community to overcome some of their challenges in accessing immunization.





## HUMAN PAPILOMA VIRUS VACCINE INTRODUCTION PROJECT



CFHI participated in the 2-day training for Civil Society Organizations for the Human Papillomavirus (HPV) Vaccine introduction into Nigeria's Expanded program on Immunization (EPI) Schedule.

The training was organized by Johns Hopkins International Vaccine Access Center with its implementation partners, Direct Consulting and Logistics (DCL) and Women Advocate for Vaccine Access (WAVA) on October 16/17 at Grand Pela Hotels & Suits, Abuja. Also in attendance were representatives from FMOH, and NPHCDA.

CFHI trained ten dedicated representatives, one from each of the ten communities in Kuduru Ward to become advocates, educators, and mobilizers for the introduction of the Human Papillomavirus (HPV) vaccine. This vaccine holds the potential to safeguard countless lives against a devastating and widespread health threat.

Our training equipped these community representatives with the knowledge, skills, and tools needed to conduct advocacy, sensitization, and mobilization efforts within their respective communities. Their roles extend far beyond mere information dissemination; they are now catalysts for change, actively engaged in the mission to protect adolescent girls.





## TECHNICAL WORKING GROUP (TWG) MEETING ON ENDING VIOLENCE AGAINST CHILDREN (EVAC).

FEDERAL MINISTRY OF WOMEN AFFAIRS



On October 4, 2023, our Executive Director, Krystal Anyanwu, participated in the Technical Working Group (TWG) meeting on Ending Violence Against Children (EVAC). The meeting was held at Reiz Continental Hotel in Abuja, Nigeria.

During this gathering, the TWG delved into a crucial aspect of their mission by reviewing the Key Informants Interview Tool for the Costed National and Six States Plans of Action to End Violence

Violence Against Children in Nigeria which represents a pivotal step toward ensuring the safety and well-being of children across the nation.

The meeting witnessed the presence of influential figures, including the Directors of the Child Development Department of the Federal Ministry of Women Affairs, as well as representatives from the United Nations Children's Fund (UNICEF), Ministry of Health, Ministry of Labour, and other relevant stakeholders.

## BASIC EDUCATION NATIONAL STAKEHOLDERS' CONVOCATION AND REPORT LAUNCH



The Centre for Family Health Initiative (CFHI) participated in a conference to track the progress of the Lagos State Universal Basic Education Board's (SUBEB) action plans from 2018 to 2020. The event was held in Abuja and attended by various stakeholders,





including government officials, non-governmental organizations, and representatives from SUBEB. The conference featured a goodwill message from the Director of the MacArthur Foundation, along with impact stories, documentaries, group discussions, and a communique drafting and presentation session. Participants were divided into groups to address challenges in basic education, such as abandoned projects, poor material usage, inadequate infrastructure, and staff shortages.

other stakeholders to combat human trafficking in Nigeria. The objective of the workshop was to raise awareness of the root causes of human trafficking and to agree on the significance to take action to prevent it.

CFHI also joined the Network Against Trafficking, Abuse and Labour (NACTAL) FCT zone in the commemoration of the 2023 World Day Against Trafficking In Person at Jabi motor park, Abuja, to sensitize members of National Union of Road Transport Workers (NURTW), on how to identify trafficked victims and what to do if such occurs.

## WORLD DAY AGAINST TRAFFICKING IN PERSON

CFHI was at the implementation workshop on the National Policy on Protection and Assistance to Trafficked Persons organised by Network of Civil Organization Against Child Trafficking Abuse and Labour. With support from USAID, the Nigeria Scale, with aims to strengthen the capacity of NAPTIP and





# INTERNATIONAL DAY OF ZERO TOLERANCE FOR FEMALE GENITAL MUTILATION (FGM)

The Center for Family Health Initiative observed the International Day of Zero Tolerance for Female Genital Mutilation (FGM) by educating a group of female residents of Umuawuka Village in Emii, Owerri, Imo state on the fight against Female Genital Mutilation (FGM).

The event had 41 females in attendance, and they all appreciated the organization for coming to educate them on FGM and they pledged their support to end FGM in their community.



## ELIMINATING HEPATITIS: PRIORITIZING AWARENESS AND EARLY DETECTION

On July 28, 2023, the Centre for Family Health Initiative (CFHI) hosted a virtual event commemorating World Hepatitis Day (WHD) in Nigeria. The theme of WHD 2023, "We're Not Waiting, Hepatitis Can't Wait," served as a powerful call to action, urging participants and the government to take swift action towards eliminating viral hepatitis in the country.

Over 70 participants joined the Twitter Space discussion to learn from healthcare professionals and specialists about hepatitis care.

## INTERNATIONAL DAY FOR THE ELIMINATION OF VIOLENCE AGAINST WOMEN AND GIRLS



CFHI in collaboration with the National Agency for the Prohibition of Trafficking in Persons (NAPTIP) commemorated the International Day for the Elimination of Violence Against Women and Girls at iddo-



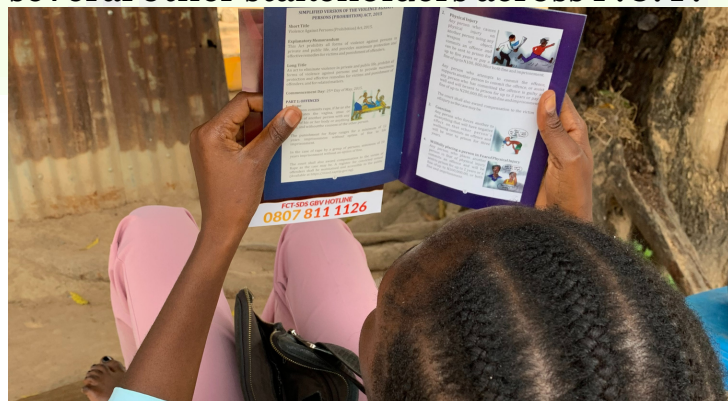
# 2023 INTERVENTIONS

Iddo Pada community on Saturday, 25th November 2023 following a previous needs assessment and frequent reports of rape cases in the community. We had a Door-to-Door education campaign and reached over 500 women, men, girls and boys with fliers, booklets and stickers highlighting local support services and helplines.



CFHI, NAPTIP and the Primary Health Care Centre Iddo Pada, combined resources, expertise, and networks to enhance the effectiveness of the intervention allowing for a more coordinated and impactful initiative.

CFHI also participated at the Orange Road walk to kick start the 16 Days of Activism organized by Ministry of Women Affairs in partnership with several other stakeholders across F.C.T.



## WORLD BLOOD DONOR DAY

CFHI in collaboration with the National Blood Service Commission (NBSC) commemorated World Blood Donor Day at Dutse Alhaji Market, Abuja. In line with the campaign's slogan, "Give Blood, Give Plasma, Share Life, Share Often," about four people who met the requirements for blood donation gave their blood.





## INTERNATIONAL WOMEN'S DAY

Centre For Family Health Initiative commemorated International Women's Day (IWD 2023) at Kabusa Community Abuja with more than 20 adolescent girls reached.

In line with the theme "DigitALL: Innovation and Technology for Gender Equality", the adolescents were lectured on significant women who had made impact in both digital space, and in Other areas of life. They were also inspired to fearlessly pursue the career they so desire and never to undermine their abilities as a woman.



## SIXTY-SEVENTH SESSION OF THE COMMISSION ON THE STATUS OF WOMEN (CSW 67)

Design Thinking Workshop

Innovating Technological Change for the Digital Wellbeing in the lives of women and girls.

Monday, March 13 | 9 a.m. - 3:30 p.m. EST Hosted at SAP & Hasso Plattner Institute, 10 Hudson Yards, 48th Floor. Registration Required. Bring I.D.

[www.forusgirls.org/events](http://www.forusgirls.org/events)



The Centre for Family Health Initiative in collaboration with Hasso-Plattner-Institute and Forusgirls hosted a side event during the sixty-seventh session of the Commission on the Status of Women (CSW67) at SAP, 10 Hudson Yards on March 13, 2023.

As part of CSW67, which aimed to gather global perspectives on advancing gender equality and women's empowerment, our parallel event aimed to foster discussions and strategies specifically addressing the intersection of technology and the well-being of women and girls.

The Co-founder, Princess Osita Oleribe, made a presentation on the role we play in partnership with other stakeholders to ending violence against women and girls in our society.

This initiative underlines CFHI's dedication to driving positive change and leveraging technology for the betterment of women's lives.

# DAY OF THE AFRICAN CHILD

The event at Junior Secondary School Gosa was a resounding success, encompassing a diverse array of activities to commemorate the Day of the African Child (DAC) and raise awareness about the digital environment.



Sessions included a robust debate exploring the pros and cons of the digital environment, addressing topics such as technology's role in skill development and potential drawbacks like limited internet access and its impact on mental health. The talk show, guided by a JSSI student, delved into essential issues surrounding children in the digital space, including defining a child, exploring the digital environment, and understanding children's rights. The event's educational value was further emphasized during Session 3, CFHI's Communication Manager, enlightened students about their rights in the digital space.



## TUBERCULOSIS ADVOCACY AND MID-TERM REVIEW



The Centre for Family Health Initiative participated in the Mid-Term Review of the National TB Strategic Plan (2021-2025). During this evaluation, health facility questionnaires were administered to TB local government supervisors at Nwaorieubi Primary Health Center in Mbaitoli LGA, Imo state.

CFHI also joined the 5-day National TB Advocacy Workshop organized by Stop TB Partnership Nigeria and NTBLCP. The workshop aimed to enhance participant capacity for advocating improvements in the National TB program and increase involvement of those affected by TB. It also focused on strengthening skills in stakeholder mapping and audience selection for advocacy. At the end of the event, a communique was developed.





# SUCCESS STORIES

## Resilient Reactive Caregiver thrives with HES activity in Angwa Shawu Karimo community.

Amina's ( not real name) journey empowerment journey from five bags of pure water in March 2023 to 75 bags marked a significant turning point in her life. Fueling her aspirations, Amina, wise with her savings, expanded her enterprise by adding three crates of mineral water. Not only did this boost her business, but it also enabled her to make a meaningful investment in her child's future, sending them back to school. Recognizing the strength in community collaboration, Amina joined a local savings group. In a testament to her resilience and commitment to progress, she took a transformative step forward by securing a loan from the group, further propelling her entrepreneurial dreams and solidifying her role as a beacon of inspiration in her community.

## “God sent CFHI to liberate my household from poverty, I am forever grateful to CFHI” ~ Ama

She sells Plantain in her rented shop. Unfortunately, the profit from the business wasn't enough to cater for her household or renew her rent so she was kicked out of the rented shop.

This year, CFHI linked her to the FCT Social Development Secretariat (SDS-FCT) where she was empowered with a grinding machine. Even with the grinding machine, there was no space for her to set it up.

She was given a free space in the community.

She continued selling her plantain and expanded her business, with the profit from both businesses.

Currently, she is an active member of PROGRESSIVE SAVINGS (SILC Group) in Sabo Lugbe

She can cater to her household needs. Her Household is virally suppressed as she has enough time to care for herself and her son.

# Safepad Production

SafePad™ is a unique and award-winning sanitary pad with a special antimicrobial treatment produced by Centre for Family Health Initiative (CFHI) in partnership with Real Relief, Denmark. The permanently bonded antimicrobial technology helps heal vaginal infections by removing yeast and bacteria during use and care.

To partner with us to end period poverty in Nigeria and beyond, kindly contact [info@cfhinitiative.org](mailto:info@cfhinitiative.org) or [ed@cfhinitiative.org](mailto:ed@cfhinitiative.org) for more information.



## Our Appeal

Interested in helping in any aspect of our work?

Persons interested in donating to our activities, offering volunteer services or partnering with us, are always welcome. All CFHI's projects are community based and family-centred, so that our beneficiaries are reached with activities that proffer sustainable solutions. Therefore, individuals or groups concerned with improving community health, sustainable socio-economic empowerment and the development of family-centred policies should kindly do so through the channels below.

### Office Address

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### Socials



### Website

[www.cfhinitiative.org](http://www.cfhinitiative.org)

### Account Details

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