



CENTRE FOR
FAMILY HEALTH
INITIATIVE
(CFHI)

Protecting health protecting well-being

CFHI JUNE NEWSLETTER

Healthy families, healthy societies

In this Edition

THE PERSISTENT
SCOURGE OF CHILD
LABOUR: ADDRESSING
A GLOBAL CRISIS

ACTION TO SUSTAIN
PRECISION AND
INTEGRATED HIV
RESPONSE TOWARDS
EPIDEMIC

COMMEMORATION OF
WORLD MENSTRUAL
HYGIENE DAY

IHVN EMERGENCY
FOOD RELIEF GRANT
IMPLEMENTATION

NATIONAL
ENGAGEMENT
MEETING WITH EPI
AND NON -EPI
STAKEHOLDERS

SAFEPAD
PRODUCTION



FROM THE COFOUNDER'S DESK

Dear friends of the family,
Welcome to 6th Edition of CFHI Newsletters!

Child labour is a critical issue that continues to afflict societies worldwide. It transcends mere economic or legal concerns, fundamentally undermining human dignity and rights. As we navigate the complexities of modern life, it is imperative that we remain vigilant and attentive to the needs of the most vulnerable among us: our children.

Children forced into labour are deprived of their childhood, education, and the opportunity to grow in a safe and nurturing environment. They often endure hazardous conditions, physical and emotional abuse, and a future devoid of opportunities. This issue not only affects the individuals involved but also hampers the development and progress of entire communities.

Annually, CFHI commemorates World Day Against Child Labour through comprehensive strategies that involve education, advocacy, and direct intervention. These efforts aim to address the root causes of child labour, such as poverty, lack of education, and inadequate social protection. Additionally, we strive to promote the rights of children to receive an education and enjoy a childhood free from exploitation and abuse, fostering a global commitment to creating a safer, healthier, and more just environment for all children.

By uniting our efforts and raising our voices, we can make significant strides in eradicating child labour and ensuring that every child can thrive in a world that respects and upholds their rights. Let us all pledge to protect our children and invest in their future, for they are the cornerstone of a brighter, more equitable society.

Enclosed in this edition of our newsletter is activities and projects report for the preceding month. Action to Sustain Precision and Integrated HIV Response towards Epidemic Control (ASPIRE).

Do have a pleasant reading!

Princess Osita-Oleribe

Cofounder, CFHI.

THE PERSISTENT SCOURGE OF CHILD LABOUR: ADDRESSING A GLOBAL CRISIS

Child labour remains a pervasive issue that undermines the fundamental rights and well-being of millions of children worldwide. Despite global efforts to combat this grave problem, significant challenges persist, demanding renewed commitment and innovative solutions.

According to the International Labour Organization (ILO), approximately 160 million children—nearly 1 in 10 worldwide—are engaged in child labour, with millions involved in hazardous work that endangers their health, safety, and moral development. Child labour is most prevalent in regions such as sub-Saharan Africa, South Asia, and Latin America, where poverty, lack of education, and socio-economic instability drive families to resort to child labour as a means of survival.

Causes of Child Labour

Poverty: Poverty is the primary driver of child labour. Families in impoverished conditions often rely on the additional income generated by their children to meet basic needs such as food, shelter, and healthcare.

Lack of Education: Education and child labour are inversely related. In regions where access to quality education is limited, children are more likely to enter the workforce at an early age. Moreover, families might not afford school fees or related costs, leading children to work instead.

Cultural Factors: In some cultures, child labour is seen as a tradition or necessity. Children are expected to contribute to the family income or assist in family enterprises from a young age.

Economic Exploitation: Industries in need of cheap labour often exploit vulnerable children. Sectors such as agriculture, mining, and manufacturing commonly employ child labourers, exploiting their lack of bargaining power and legal protections.

Child labor severely impacts children's physical, emotional, and intellectual development. Working in hazardous environments exposes them to injuries, chronic illnesses, and even death. It deprives them of education, perpetuating poverty and limiting future opportunities. Additionally, the harsh conditions and heavy workload cause significant psychological trauma, stress, and anxiety, robbing them of their childhood.

Child labour is a complex issue deeply rooted in economic, social, and cultural factors. Eradicating it requires comprehensive strategies that address the underlying causes while safeguarding children's rights to education, health, and a childhood free from exploitation. As global citizens, it is our collective responsibility to advocate for and support initiatives that aim to eliminate child labour, ensuring a brighter and more equitable future for all children.



ACTION TO SUSTAIN PRECISION AND INTEGRATED HIV RESPONSE

TOWARDS EPIDEMIC

In June, CFHI served a total of 3,230 individuals across our communities, achieving several key milestones. The team enrolled 10 new individuals for OVC services and mobilized 66 VC for EAC, drug pickup, and VL sample collection across various facilities in AMAC. Additionally, we enrolled nine beneficiaries (2 VC, 7 CG) into the PCT insurance scheme to enhance medical financial protection and potentially improve health outcomes.

Our outreach efforts extended to 25 beneficiaries during FIT/HTS activities. We coordinated the treatment of a VC with the Health Emergency Fund at NHA and provided six unsuppressed VC (3males,3females) with an immune booster (Immunace) at MDH, NHA, and MMM.

Furthermore, we coordinated the enrollment of two adolescents from Dape and Sabo Lugbe communities for skill acquisition in tailoring with support from SDS. Forty-three beneficiaries received food and nutrition support from SDS-FCT, 27 were linked to learn hair ventilation, and we organized various community activities including kiddies club, Better Parenting, Gender Norm Activity, Adolescent Club, and DREAMS Club activity.



WORLD MENSTRUAL HYGIENE DAY

World Menstrual Hygiene Day, observed on May 28, emphasizes the importance of menstrual health, which includes the complete physical, mental, and social well-being of women and girls in relation to their menstrual cycle. To commemorate the day, CFHI organized a series of events in different communities.

MHD at Jiwa

With support from the Institute of Human Virology Nigeria (IHVN), CFHI visited Junior Day Secondary School in Jiwa to observe Menstrual Hygiene Day with the DREAMS club. The Adolescent girls were educated on MHHM and were also trained on how to make menstruation bracelet. In addition, every participant received a menstrual hygiene kit.



Display of the Menstrual bracelet

Cross Section of the participants

MHD at Tarkurshara

In collaboration with the Supportive Edge Foundation and Dr. Ifeanyi Nsofor, CFHI visited Junior Secondary School Takurshara to commemorate Menstrual Hygiene Day. Both male and female students participated in an educational session on menstrual health, and 24 vulnerable girls received reusable SafePads along with guidance on their use.



MHM Day at Tarkushara

MHD at Nyanya

To further mark the 2024 Menstrual Health and Hygiene Management Day, a sensitization and awareness event on menstrual health and hygiene management was held at Government Secondary School, Nyanya. This event was organized by the Federal Ministry of Women Affairs in partnership with CFHI (Centre for Family Health Initiative), Action Against Hunger Nigeria, the Federal Ministry of Water Resources Nigeria, and other stakeholders.




THE FEDERAL MINISTRY OF WOMEN AFFAIRS
 Welcomes You To
SENSITIZATION AND AWARENESS CREATION ON MENSTRUAL HEALTH AND HYGIENE MANAGEMENT TO MARK 2024 (MHHM)
Theme: #friendlyPeriodworld
Date: Wednesday ,29th May 2024.
Venue: Govt Secondary School, Nyanya. Time:9:00am





IHVN Emergency Food Relief Grant Implementation

The Centre for Family Health Initiative (CFHI) recently participated in the IHVN Emergency Food Relief Grant Implementation meeting. This crucial gathering included selected community leaders, orphans and vulnerable children (OVC) desk officers, and welfare officers from the area councils in the Federal Capital Territory (FCT).

By focusing on effective collaboration and strategic planning, the initiative seeks to provide essential food supplies to those most affected by emergencies, thereby enhancing community resilience and improving health outcomes.



National Engagement Meeting with EPI and Non -EPI Stakeholders

CFHI participated in a One-Day National Engagement Meeting with EPI and Non-EPI stakeholders for the Phase II introduction of the Human Papillomavirus (HPV) vaccine. The meeting was organized by NPHCDA with support from development partners including UNICEF, Gavi, CHAI, and IVAC.

During Phase I, which also saw CFHI's involvement, 4.9 million girls were vaccinated across 16 states, with the FCT achieving an 80% coverage rate.



SAFEPAD PRODUCTION

SafePad is a unique and awardwinning sanitary pad with a special antimicrobial treatment produced by Centre for Family Health Initiative (CFHI) in partnership with Real Relief, Denmark.

To partner with us to end period poverty in Nigeria and beyond, kindly contact info@cfhinitiative.org or ed@cfhinitiative.org for more information. The permanently bonded antimicrobial technology helps heal vaginal infections by removing yeast and bacteria during use and care



OUR APPEAL

Interested in helping in any aspect of our work?

Persons interested in donating to our activities, offering volunteer services or partnering with us, are always welcome. All CFHI's projects are community based and family-centred, so that our beneficiaries are reached with activities that proffer sustainable solutions. Therefore, individuals or groups concerned with improving community health, sustainable socio-economic empowerment and the development of familycentred policies should kindly do so through the channels below



ACCOUNT DETAILS:

Name: Centre for Family Health Initiative

Number: 5080117843

Bank: Fidelity Bank PLC

Swift Code: FIDTNGLA

Or Contact Us:

Address: Number 8, Excellence & Friends Street, Dutse Alhaji,
Off Efab Bridge,
Abuja (FCT) Nigeria.

P.M.B. 200 PSIN Dutse, Abuja-Nigeria. 901101



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